



## KIPP Academy Lynn School Nutrition MENU

October 2022

### Breakfast & Lunch Menu

\*All meals include milk, fruit and/or veggie

Date	Breakfast	Lunch
<u>Monday</u> October 3rd	French Toast	Mexican Chicken
<u>Tuesday</u> October 4th	Egg and cheese croissant	Dominican Chicken and Rice
<u>Wednesday</u> October 5th	Chocolate chip muffin	Basil Chicken and Rice
<u>Thursday</u> October 6th	Bacon and cheese English Muffin or Bagel w/Strawberry Cream cheese	Hot Dogs and Tots
<u>Friday</u> October 7th	Pancakes	Tumeric Chicken and Rice

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