

March 2023

Breakfast-Hot-KIPP & MATCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Egg Taco, Fruit, Milk	28 Egg & Cheese Muffin	1 Turkey Sausage, Biscuit, Fruit, Milk	2 Pancakes, Fruit, Milk	3 Scrambled Eggs, Homefries, Fruit, Milk	4
5	6 French Toast, Fruit, Milk	7 Egg & Cheese Biscuit, Fruit, Milk	8 Turkey Sausage, Biscuit, Fruit, Milk	9 Waffles, Fruit, Milk	10 Cheese Omelet, Hash Brown, Fruit, Milk	11
12	13 No School	14 Egg & Cheese Muffin, Fruit, Milk	15 Turkey Sausage, Biscuit, Fruit, Milk	16 French Toast, Fruit, Milk	17 Scrambled Eggs, Homefries, Fruit, Milk	18
19	20 French Toast, Fruit, Milk	21 Egg & Cheese Biscuit, Fruit, Milk	22 Turkey Sausage, Biscuit, Fruit, Milk	23 Pancakes, Fruit, Milk	24 Cheese Omelet, Hash Brown, Fruit, Milk	25
26	27 Egg Taco, Fruit, Milk	28 Egg & Cheese Muffin, Fruit, Milk	29 Turkey Sausage, Biscuit, Fruit, Milk	30 Waffles, Fruit, Milk	31 Scrambled Eggs, Homefries, Fruit, Milk	1
2	3	Other Suggestions:				

March 2023

Breakfast-Cold-KIPP & MATCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 Banana Muffin, Fruit, Milk	28 Rice Krispies, Fruit, Milk	1 Nutrigrain Bar, Fruit, Milk	2 Cheerios, Fruit, Milk	3 Parfait, Fruit, Milk	4
5	6 Blueberry Muffin	7 Raisin Bran, Fruit, Milk	8 Nutrigrain Bar, Fruit, Milk	9 Kix, Fruit, Milk	10 Cereal Bar, Fruit, Milk	11
12	13 No School	14 Rice Krispies, Fruit, Milk	15 Nutrigrain Bar, Fruit, Milk	16 Cheerios, Fruit, Milk	17 Parfait, Fruit, Milk	18
19	20 Blueberry Muffin	21 Raisin Bran, Fruit, Milk	22 Nutrigrain Bar, Fruit, Milk	23 Kix, Fruit, Milk	24 Cereal Bar, Fruit, Milk	25
26	27 Banana Muffin, Fruit, Milk	28 Rice Krispies, Fruit, Milk	29 Nutrigrain Bar, Fruit, Milk	30 Cheerios, Fruit, Milk	31 Parfait, Fruit, Milk	1
2	3	Other Suggestions:				

March 2023

Lunch-Hot-KIPP & MATCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 Tuscan Chicken, Spinach, Wheat Roll,	2 Soulful Beef Pasta, Fruit, Milk	3 Chicken Tandoori Sandwich, Fruit, Milk	4
5	6 Orange Chicken, Fruit, Milk	7 Cheeseburgers & tater tots, Fruit, Milk	8 Turkey Nachos, Fruit, Milk	9 Lemon Chicken, Fruit, Milk	10 Jerk Chicken Pasta, Fruit, Milk	11
12	13 No School	14 Ground Turkey Quesadilla, Fruit, Milk	15 Shepards Pie, Mash Potato, Corn, wheat roll, Fruit, Milk	16 Chicken Verde, Plantain, Fruit, Milk	17 Beef Taco, Fruit, Milk	18
19	20 Cheese Pizza, Fruit, Milk	21 Chicken Tinga, Mexican Street corn, Fruit, Milk	22 Chicken Burrito Bowl, Fruit, Milk	23 Chicken Parmesan Sandwich, Fruit, Milk	24 Soulful Chicken, Fruit, Milk	25
26	27 Beef Meatballs, Fruit, Milk	28 Chicken Dumplings, Fruit, Milk	29 Beef Hot Dogs, Fruit, Milk	30 Soulful BBQ Pulled Chicken Sandwich, Fruit, Milk	31 Buffalo Chicken Nuggets, tater tots, Fruit, Milk	1
2	3	Other Suggestions: KIPP- No School- 3/13 No School- 3/13				MATCH-

March 2023

Lunch-Cold-KIPP & MATCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 Chicken Caesar Salad, Fruit, Milk	2 BBQ Chicken Wrap, Fruit, Milk	3 Jerk Chicken Salad, Fruit, Milk	4
5	6 Buffalo Chicken Wrap, Fruit, Milk	7 BBQ Beef Wrap, Fruit, Milk	8 Mexican Beef Salad, Fruit, Milk	9 Lemon Chicken Salad, wheat roll Fruit, Milk	10 Pesto Chicken Pasta Salad, Fruit, Milk	11
12	13 No School	14 Teriyaki Chicken Power Bowl, Fruit, Milk	15 Hummus Dip w/ Celery Sticks	16 BBQ Chicken Sandwich, Fruit, Milk	17 Chef Turkey Salad, Fruit, Milk	18
19	20 Caesar Salad, Fruit, Milk	21 Basil Chicken Wrap, Fruit, Milk	22 Chipotle Beef Wrap, Fruit, Milk	23 Chicken Sandwich, Fruit, Milk	24 Turkey & Cheese Sandwich, Fruit, Milk	25
26	27 Sweet & Sour Meatballs, Fruit, Milk	28 Chicken Teriyaki Wrap, Fruit, Milk	29 Curry Chicken Salad, Fruit, Milk	30 BBQ Chicken Salad, Fruit, Milk	31 Egg Salad Sandwich, Fruit, Milk	1
2	3	Other Suggestions:				