

Cold Breakfast

FEBRUARY 2024



Monday	Tuesday	Wednesday	Thursday	Friday
JAN 29 Chocolate Chip muffin, Orange , 1% milk	JAN 30 Cheerios whole-grain Cereal, Apple , and 1% milk	JAN 31 Cocoa Puffs Cereal, Clementine , 1% milk	1 Apple Cinnamon Cheerios Cereal Banana , 1% milk/choc milk	2 Chocolate Chip Muffin, Apple , 1% milk/choc milk
5 Froot Loop Cereal, Orange , 1% milk/choc milk	6 Oatmeal Apple bar Apple , 1% milk/choc milk	7 Cinnamon Toast Cereal, Clementine , 1% milk/choc milk	8 Blueberry muffin, Banana , 1% milk/choc milk	9 Cheerios Whole-Grain Cereal, Apple , 1% milk/choc milk
12 Graham Honey Cracker & 1 mozzarella stick (Pre-K No Cracker) Orange , and 1% milk/choc milk	13 Golden Cereal breakfast bar, Apple , 1% milk/choc milk	14 Chocolate Chip muffin, Clementine , 1% milk/choc milk	15 Froot Loop Cereal, Banana , 1% milk/choc milk	16 Cocoa Puffs Cereal, Apple , 1% milk/choc milk
19 Cinnamon Toast Cereal, Orange , 1% milk/choc milk	20 Apple Cinnamon muffin, Apple , 1% milk/choc milk	21 Graham Honey Cracker & 1 mozzarella stick (Pre-K No Cracker) Clementine , 1% milk/choc milk	22 Apple Cinnamon Cheerios Cereal, Banana , 1% milk/choc milk	23 Oatmeal Apple bar Apple , 1% milk/choc milk
26 Chocolate Chip muffin, Orange , 1% milk/choc milk	27 Cheerios whole-grain Cereal, Apple , and 1% milk/choc milk	28 Cocoa Puffs Cereal, Clementine , 1% milk/choc milk	29 Golden Cereal breakfast bar, Banana , 1% milk/choc milk	

HOT BREAKFAST FEBRUARY 2024



Monday	Tuesday	Wednesday	Thursday	Friday
JAN 29 Biscuit with turkey sausage, american cheese Orange, 1% milk	JAN 30 Fan Burrito, Eggs , mozzarella cheese, potato tots. (Whole Wheat Tortilla) (DF) Apple, 1% milk	JAN 31 Scrambled Eggs, turkey links, (DF) Clementine, 1% milk	1 English Muffin with Turkey Sausage Banana, 1% milk/choc milk	2 Fourtalia Omelet, Apple, 1% milk/choc milk
5 Biscuit, Turkey Sausage, American Cheese, Orange, 1% milk/choc milk	6 French Toast Sticks With Maple Syrup Apple, 1% milk/choc milk	7 Frittata with Hash Brown, and Turkey, (DF) Clementine, 1% milk/choc milk	8 Bagel with Cream Cheese Banana, 1% milk/choc milk	9 Pancakes with Maple Syrup Apple, 1% milk/choc milk
12 Pancakes with Maple Syrup Orange, 1% milk/choc milk	13 Fan Burrito, Eggs , mozzarella cheese. (Whole Wheat Tortilla) (DF) Apple, 1% milk/choc milk	14 Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk	15 Fried egg topping w/ranchera sauce, whole wheat toast, Banana, 1% milk/choc milk	16 Turkey Sausage, Cheddar cheese quesadilla (Whole Wheat) Apple, 1% milk/choc milk
19 French Toast Sticks With Maple Syrup Orange, 1% milk/choc milk	20 Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk	21 Pancakes with Maple Syrup Clementine, 1% milk/choc milk	22 English Muffin with Turkey Sausage Banana, 1% milk/choc milk	23 Bagel with Cream Cheese Apple, 1% milk/choc milk
26 French Toast Sticks With Maple Syrup Orange, 1% milk/choc milk	27 Fan Burrito, Eggs , mozzarella cheese, (Whole Wheat Tortilla) (DF) Apple, 1% milk/choc milk	28 Scrambled Eggs, Turkey links, (DF) Clementine, 1% milk/choc milk	29 Bagel with Cream Cheese Banana, 1% milk/choc milk	

Cold Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>JAN 29</p> <p>Hummus spinach dip: Hummus, with pretzels, baby carrots, Apple, 1% milk/choc milk.</p>	<p>JAN 30</p> <p>Taco salad, black beans , chickpea, corn , queso fresco , cherry tomato , lettuce, tortilla chip, 100 island dressing. Clementine, 1% milk/choc milk.</p>	<p>JAN 31</p> <p>Salvadorian Chicken wrap: Chicken, Cabbage, Carrots, whole wheat tortilla flour, Potato Sticks,Orange, 1% milk/choc milk.</p>	<p>1</p> <p>Chicken Chipotle wrap: chicken, lettuce, baby carrots, whole-wheat tortilla, dressing Apple, 1% milk/choc milk</p>	<p>2</p> <p>Lunch Box Salad: Turkey cubes, Cheese cubes, Pretzel bites, Celery, Cherry Tomatoes, Cucumber, Banana, 1 % milk/choc milk</p>
<p>5</p> <p>Farm salad: Boiled eggs, lettuce, tomato, carrots, whole- wheat-dinner rolls, Italian dressing, Apple, 1% milk/choc milk.</p>	<p>6</p> <p>Grilled Peruvian Chopped Chicken salad: lettuce, corn, cherry, black beans, whole wheat tortilla Clementine, 1% milk/choc milk.</p>	<p>7</p> <p>Lemon chicken wrap, Whole Wheat Tortilla, Chicken breast, Mixed Veggie potato salad. Orange, 1% milk/choc milk. Contains: Mayo</p>	<p>8</p> <p>Cheese Cobb Salad with garden salad: Lettuce, carrots, cherry tomato, Bread Croutons,Ranch Dressing Apple, 1% milk/choc milk</p>	<p>9</p> <p>Smoke-grilled BBQ chicken sandwich: Smoked grilled chicken, lettuce, tomatoes, whole-wheat roll Banana, 1% milk/choc milk.</p>
<p>12</p> <p>Smoke Grilled Chicken Sandwich, Whole wheat Bun, Coleslaw, Apple, 1% milk/choc milk. Contains: Mayo</p>	<p>13</p> <p>DELI Turkey Wrap Lettuce Carrots, whole wheat tortilla flour, honey mustard Clementine, 1% milk/choc milk</p>	<p>14</p> <p>Chicken Caesar salad: Grilled chicken, lettuce, cherry tomatoes, Caesar Dressing, whole-wheat dinner roll, Orange, 1% milk/choc milk</p>	<p>15</p> <p>Grilled chicken with whole wheat pasta salad , corn Spinach, orange dressing, Apple, 1% milk/choc milk.</p>	<p>16</p> <p>Mediterranean Salad Lettuce,, tomato, chickpea, bell peppers, cucumber,Mini pita breads,Balsamic Vinaigrette, Banana, 1% milk/choc milk</p>
<p>19</p> <p>Farm salad: Boiled eggs, lettuce, tomato, celery, carrots, whole-wheat- dinner rolls, Italian dressing Apple, 1% milk/choc milk.</p>	<p>20</p> <p>Grilled Chicken salad, apple, broccoli slaw, carrots , lettuce,Pupike seed , French Dressing,Clementine, 1% milk/choc milk</p>	<p>21</p> <p>Sunflower Butter and Jelly on a Whole Wheat Bread Sandwich with Baby Carrots, Orange, 1% milk/choc milk</p>	<p>22</p> <p>Chicken Caesar salad: Grilled chicken, lettuce, cherry tomatoes, whole-wheat dinner roll, & Caesar Dressing, Apple, 1% milk/choc milk.</p>	<p>23</p> <p>Taco salad, black beans , chickpea, corn , cherry tomato , lettuce, WW tortilla chip, 100 island dressing. Banana, 1% milk/choc milk</p>
<p>26</p> <p>Spicy Lemon Hummus, WW Pita Bread and Garden Salad, Apple, 1% milk/choc milk</p>	<p>27</p> <p>Salvadorian Chicken wrap: Chicken, Cabbage, Carrots, whole wheat tortilla flour,, Clementine, 1% milk/choc milk. Contains: Mayo</p>	<p>28</p> <p>Egg Salad Sandwich: WW Bread, Lettuce, Baby Carrots, Tomato Orange, 1% milk/choc milk.</p>	<p>29</p> <p>Turkey deli with Cheddar Cheese Sandwich: WW Bread, Cheddar Cheese, Grape Tomato, Cucumber, Baby Carrots, Apple, 1% milk/choc milk</p>	

Hot Lunch Menu

FEBRUARY 2024



Monday	Tuesday	Wednesday	Thursday	Friday
JAN 29	JAN 30	JAN 31	1	2
Cheesy Ground Beef Tacos, Whole Wheat Tortilla and Carrots, Apple , 1% milk	Chicken Fajitas quesadilla, whole wheat tortilla, corn, Clementine , 1% milk	Teriyaki Chicken ,Enriched white rice, green beans Orange , 1% milk	Peruvian Chicken with Enriched carrot rice, corn, Apple , 1% milk/choc milk	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk
5	6	7	8	9
Chicken Nuggets, with Mashed Potatoes, WW Dinner Roll and Carrots. Apple , 1% milk/choc milk.	Apple Mojo Chicken, Cuban Rice (Enriched White Rice), Carrots, Plantains, Clementine , 1% milk/choc milk	Penne pasta with beef meatballs, Marinara Sauce, broccoli and whole-wheat dinner roll, Orange 1% milk/choc milk.	Brazilian Grilled Chicken, Enriched Rice, And Green Beans Apple , 1% milk/choc milk	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk
12	13	14	15	16
Asian Ground Beef, Rice Noodles, and Broccoli, Apple 1% milk/choc milk	Lemon Roasted Chicken, Enriched Peas & Carrots Rice, And Corn Clementine , 1% milk/choc milk	Hot Dog Day!!!! Beef Sausage, Whole wheat Sub, potato tots, and Roasted Carrots, Orange , 1% milk/choc milk	Chicken Parm with Whole Wheat Pasta and Mixed Veggies, Apple , 1% milk/choc milk	Breakfast For Lunch!!! Pancakes with Sausage and , Carrots, Banana , 1% milk/choc milk
19	20	21	22	23
BBQ Grilled Chicken, baked sweet potato and red potato, lemon broccoli and dinner roll Apple , 1% milk/choc milk	Beef Goulash, with Enriched Whole Wheat Pasta and Carrots, Clementine , 1% milk/choc milk	Dominican chicken, Enriched Spanish Rice, Green Beans. Orange , 1% milk/choc milk	Turkey Fajitas Quesadilla, Whole Wheat Tortilla, Corn. Apple , 1% milk/choc milk	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk
26	27	28	29	
Cheesy Ground Beef Tacos, Whole Wheat Tortilla and Carrots, Apple , 1% milk/choc milk	Chicken Carnitas, Enriched White Rice, and Roasted Carrots, Clementine , 1% milk/choc milk	Black Beans, Enriched White Rice, Green Beans Orange , 1% milk/choc milk	Chicken Alfredo Enriched Pasta, Broccoli, Apple , 1% milk/choc milk	