

HOT BREAKFAST

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
FEB 26	FEB 27	FEB 28	FEB 29	1
French Toast Sticks With Maple Syrup Orange, 1% milk/choc milk***	Fan Burrito, Eggs , mozzarella cheese, (Whole Wheat Tortilla) (DF) Apple, 1% milk/choc milk***	Scrambled Eggs, Turkey links, (DF) Clementine, 1% milk/choc milk***	Bagel with Cream Cheese Banana, 1% milk/choc milk***	Fourtalia Omelet, Apple, 1% milk/choc milk***
4	5	6	7	8
Biscuit, Turkey Sausage, American Cheese, Orange, 1% milk/choc milk***	French Toast Sticks With Maple Syrup Apple, 1% milk/choc milk***	Frittata with Hash Brown, and Turkey, (DF) Clementine, 1% milk/choc milk***	Bagel with Cream Cheese Banana, 1% milk/choc milk***	Pancakes with Maple Syrup Apple, 1% milk/choc milk***
11	12	13	14	15
Pancakes with Maple Syrup Orange, 1% milk/choc milk***	Fan Burrito, Eggs , mozzarella cheese. (Whole Wheat Tortilla) (DF) Apple, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	Fried egg topping w/ranchera sauce, whole wheat toast, Banana, 1% milk/choc milk***	Turkey Sausage, Cheddar cheese quesadilla (Whole Wheat) Apple, 1% milk/choc milk***
18	19	20	21	22
French Toast Sticks With Maple Syrup Orange, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	Pancakes with Maple Syrup Clementine, 1% milk/choc milk***	English Muffin with Turkey Sausage Banana, 1% milk/choc milk***	Bagel with Cream Cheese Apple, 1% milk/choc milk***
25	26	27	28	29
French Toast Sticks With Maple Syrup Orange, 1% milk/choc milk***	Fan Burrito, Eggs , mozzarella cheese, (Whole Wheat Tortilla) (DF) Apple, 1% milk/choc milk***	Scrambled Eggs, Turkey links, (DF) Clementine, 1% milk/choc milk***	Bagel with Cream Cheese Banana, 1% milk/choc milk***	Pancakes with maple syrup, Apple, 1% milk/choc milk

***Pre-K kids can only have 1% Milk according to DESE regulations.

Cold Breakfast

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
FEB 26	FEB 27	FEB 28	FEB 29	1
Apple Cinnamon Muffin, Orange , 1% milk/choc milk***	Cheerios Cereal, Apple , and 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	Blueberry Chex Cereal Banana , 1% milk/choc milk***	Graham Honey Cracker & 1 mozzarella stick (Pre-K No Cracker) Apple , 1% milk/choc milk***
4	5	6	7	8
Blueberry Chex Cereal, Orange , 1% milk/choc milk***	Apple Cinnamon Cheerios Cereal Apple , 1% milk/choc milk***	Cinnamon Toast Cereal, Clementine , 1% milk/choc milk***	Blueberry muffin, Banana , 1% milk/choc milk***	Cheerios Whole-Grain Cereal, Apple , 1% milk/choc milk***
11	12	13	14	15
Apple Cinnamon Cheerios Cereal) Orange , and 1% milk/choc milk***	Blueberry Chex Cereal, Apple , 1% milk/choc milk***	Chocolate Chip muffin, Clementine , 1% milk/choc milk***	Cheerios Cereal, Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
18	19	20	21	22
Cinnamon Toast Cereal, Orange , 1% milk/choc milk***	Apple Cinnamon muffin, Apple , 1% milk/choc milk***	Graham Honey Cracker & 1 mozzarella stick (Pre-K No Cracker) Clementine , 1% milk/choc milk***	Apple Cinnamon Cheerios Cereal, Banana , 1% milk/choc milk***	Cocoa Puffs Cereal Apple , 1% milk/choc milk***
25	26	27	28	29
Apple Cinnamon Muffin, Orange , 1% milk/choc milk***	Cheerios Cereal, Apple , and 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	Blueberry Chex Cereal Banana , 1% milk/choc milk***	Blueberry muffin, Apple , 1% milk/choc milk

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Hot Lunch Menu

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
FEB 26	FEB 27	FEB 28	FEB 29	1
Cheesy Ground Beef Tacos, Whole Wheat Tortilla and Carrots, Apple , 1% milk/choc milk***	Chicken Carnitas, Enriched White Rice, and Roasted Carrots, Clementine , 1% milk/choc milk***	Black Beans, Enriched White Rice, Green Beans Orange , 1% milk/choc milk***	Chicken Alfredo Enriched Pasta, Broccoli, Apple , 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk***
4	5	6	7	8
Chicken Nuggets, with Mashed Potatoes, WW Dinner Roll and Carrots. Apple , 1% milk/choc milk***.	Apple Mojo Chicken, Cuban Rice (Enriched White Rice), Carrots, Plantains, Clementine , 1% milk/choc milk***	Penne pasta with beef meatballs, Marinara Sauce, broccoli and whole-wheat dinner roll, Orange 1% milk/choc milk***.	Brazilian Grilled Chicken, Enriched Rice, And Green Beans Apple , 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk***
11	12	13	14	15
Asian Ground Beef, Rice Noodles, and Broccoli, Apple 1% milk/choc milk***	Lemon Roasted Chicken, Enriched Peas & Carrots Rice, And Corn Clementine , 1% milk/choc milk***	Hot Dog Day!!!! Beef Sausage, Whole wheat Sub, potato tots, and Roasted Carrots, Orange , 1% milk/choc milk***	Chicken Parm with Whole Wheat Pasta and Mixed Veggies, Apple , 1% milk/choc milk***	Breakfast For Lunch!!! Pancakes with Sausage and , Carrots, Banana , 1% milk/choc milk***
18	19	20	21	22
BBQ Grilled Chicken, baked sweet potato and red potato, lemon broccoli and dinner roll Apple , 1% milk/choc milk***	Beef Goulash, with Enriched Whole Wheat Pasta and Carrots, Clementine , 1% milk/choc milk***	Dominican chicken, Enriched Spanish Rice, Green Beans. Orange , 1% milk/choc milk***	Turkey Fajitas Quesadilla, Whole Wheat Tortilla, Corn. Apple , 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana , 1% milk/choc milk***
25	26	27	28	29
Cheesy Ground Beef Tacos, Whole Wheat Tortilla and Carrots, Apple , 1% milk/choc milk***	Chicken Carnitas, Enriched White Rice, and Roasted Carrots, Clementine , 1% milk/choc milk***	Black Beans, Enriched White Rice, Green Beans Orange , 1% milk/choc milk***	Chicken Alfredo Enriched Pasta, Broccoli, Apple , 1% milk/choc milk***	Pizza day!!! Baby Carrots, Banana , 1% milk/choc milk

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Cold Lunch

MARCH 2024



Monday	Tuesday	Wednesday	Thursday	Friday
FEB 26	FEB 27	FEB 28	FEB 29	1
Spicy Lemon Hummus, WW Pita Bread and Garden Salad, Apple , 1% milk/choc milk***	Salvadorian Chicken wrap: Chicken, Cabbage, Carrots, whole wheat tortilla flour,, Clementine , 1% milk/choc milk***. Contains: Mayo	Egg Salad Sandwich: WW Bread, Lettuce, Baby Carrots, Tomato Orange , 1% milk/choc milk***.	Turkey deli with Cheddar Cheese Sandwich: WW Bread, Cheddar Cheese, Grape Tomato, Cucumber, Baby Carrots, Apple , 1% milk/choc milk***	Lunch Box Salad: Turkey cubes, Cheese cubes, Pretzel bites, Celery, Cherry Tomatoes, Cucumber, Banana , 1 % milk/choc milk
4	5	6	7	8
Farm salad: Boiled eggs, lettuce, tomato, carrots, whole- wheat- dinner rolls, Italian dressing, Apple , 1% milk/choc milk***.	Grilled Peruvian Chopped Chicken salad: lettuce, corn, cherry, black beans, whole wheat tortilla Clementine , 1% milk/choc milk***.	Lemon chicken wrap, Whole Wheat Tortilla, Chicken breast, Mixed Veggie potato salad. Orange , 1% milk/choc milk***. Contains: Mayo	Cheese Cobb Salad with garden salad: Lettuce, carrots, cherry tomato, Bread Croutons,Ranch Dressing Apple , 1% milk/choc milk***	Smoke-grilled BBQ chicken sandwich: Smoked grilled chicken, lettuce, tomatoes, whole-wheat roll Banana , 1% milk/choc milk***.
11	12	13	14	15
Smoke Grilled Chicken Sandwich, Whole wheat Bun, Coleslaw, Apple , 1% milk/choc milk***. Contains: Mayo	DELI Turkey Wrap Lettuce Carrots, whole wheat tortilla flour, honey mustard Clementine , 1% milk/choc milk***	Chicken Caesar salad: Grilled chicken, lettuce, cherry tomatoes, Caesar Dressing, whole-wheat dinner roll, Orange , 1% milk/choc milk***	Grilled chicken with whole wheat pasta salad , corn Spinach, orange dressing, Apple , 1% milk/choc milk***.	Mediterranean Salad Lettuce,, tomato, chickpea, bell peppers, cucumber,Mini pita breads,Balsamic Vinaigrette, Banana , 1% milk/choc milk***
18	19	20	21	22
Farm salad: Boiled eggs, lettuce, tomato, celery, carrots, whole- wheat- dinner rolls, Italian dressing Apple , 1% milk/choc milk***.	Grilled Chicken salad, apple, broccoli slaw, carrots , lettuce,Pupike seed , French Dressing, Clementine , 1% milk/choc milk***	Sunflower Butter and Jelly on a Whole Wheat Bread Sandwich with Baby Carrots, Orange , 1% milk/choc milk***	Chicken Caesar salad: Grilled chicken, lettuce, cherry tomatoes, whole-wheat dinner roll, & Caesar Dressing, Apple , 1% milk/choc milk***.	Taco salad, black beans , chickpea, corn , cherry tomato , lettuce, WW tortilla chip, 100 island dressing. Banana , 1% milk/choc milk***
25	26	27	28	29
Spicy Lemon Hummus, WW Pita Bread and Garden Salad, Apple , 1% milk/choc milk***	Salvadorian Chicken wrap: Chicken, Cabbage, Carrots, whole wheat tortilla flour,, Clementine , 1% milk/choc milk***. Contains: Mayo	Egg Salad Sandwich: WW Bread, Lettuce, Baby Carrots, Tomato Orange , 1% milk/choc milk***.	Turkey deli with Cheddar Cheese Sandwich: WW Bread, Cheddar Cheese, Grape Tomato, Cucumber, Baby Carrots, Apple , 1% milk/choc milk***	Farm salad: Boiled eggs, lettuce, tomato, celery, carrots, whole- wheat- dinner rolls, Italian dressing, Banana , 1% milk/choc milk

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