

HOT BREAKFAST

DECEMBER 2024

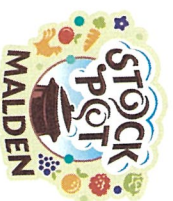


Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>Whole Wheat Confetti Pancake Orange, 1% milk/choc milk****</p>	<p>NOV 26</p> <p>Egg Patty, Ranchoero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk****</p>	<p>NOV 27</p> <p>HOLIDAY</p>	<p>NOV 28</p> <p>HOLIDAY</p>	<p>NOV 29</p> <p>HOLIDAY</p>
<p>2</p> <p>French Toast Sticks w/ Maple Syrup, Orange, 1% milk/choc milk</p>	<p>3</p> <p>Whole Wheat Confetti Pancake, Apple, 1% milk/choc milk</p>	<p>4</p> <p>Breakfast Combo, (Whole Wheat Tortilla) (DF) Clementine, 1% milk/choc milk****</p>	<p>5</p> <p>English Muffin w/ Turkey Sausage, & Cheese. Banana, 1% milk/choc milk****</p>	<p>6</p> <p>Cheese Omelet w/ Salsa (Whole Wheat Bread) Apple, 1% milk/choc milk****</p>
<p>9</p> <p>Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk****</p>	<p>10</p> <p>French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk****</p>	<p>11</p> <p>Whole Wheat Bagel w/ Cream Cheese Clementine, 1% milk/choc milk****</p>	<p>12</p> <p>Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk****</p>	<p>13</p> <p>Eggs Patty, Ranchoero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk****</p>
<p>16</p> <p>Whole Wheat Bagel w/ Cream Cheese Orange, 1% milk/choc milk****</p>	<p>17</p> <p>French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk****</p>	<p>18</p> <p>Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk****</p>	<p>19</p> <p>Ground Beef Hash Brown Stackler (Age Group: Ages 6-18) Banana, 1% milk/choc milk****</p>	<p>20</p> <p>Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk****</p>

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Cold Breakfast

DECEMBER 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>Apple Cinnamon Cheerios Cereal, Orange, 1% milk/choc milk****</p>	<p>26</p> <p>Cocoa Puffs Cereal, Apple, 1% milk/choc milk****</p>	<p>27</p> <p>HOLIDAY</p>	<p>28</p> <p>HOLIDAY</p>	<p>29</p> <p>HOLIDAY</p>
<p>2</p> <p>Cinnamon Toast Cereal, Orange, 1% milk/choc milk</p>	<p>3</p> <p>Cocoa Puffs Cereal, Apple, 1% milk/choc milk</p>	<p>4</p> <p>Apple Cinnamon Cheerios Cereal, Clementine, and 1% milk/choc milk</p>	<p>5</p> <p>Honey Cheerios Cereal, Banana, 1% milk/choc milk****</p>	<p>6</p> <p>Chocolate Chip Muffin, Apple, 1% milk/choc milk****</p>
<p>9</p> <p>Blueberry Chex Cereal, Orange, 1% milk/choc milk****</p>	<p>10</p> <p>Apple Cinnamon Cheerios Cereal Apple, 1% milk/choc milk****</p>	<p>11</p> <p>Cocoa Puffs Cereal, Clementine, 1% milk/choc milk****</p>	<p>12</p> <p>Blueberry Muffin, Banana, 1% milk/choc milk****</p>	<p>13</p> <p>Cinnamon Toast Cereal, Apple, 1% milk/choc milk****</p>
<p>16</p> <p>Cinnamon Toast Cereal, Orange, 1% milk/choc milk****</p>	<p>17</p> <p>Chocolate Chip Muffin, Apple, 1% milk/choc milk****</p>	<p>18</p> <p>Blueberry Chex Cereal, Clementine, 1% milk/choc milk****</p>	<p>19</p> <p>Cinnamon Toast Cereal, Banana, 1% milk/choc milk****</p>	<p>20</p> <p>Cocoa Puffs Cereal, Apple, 1% milk/choc milk****</p>

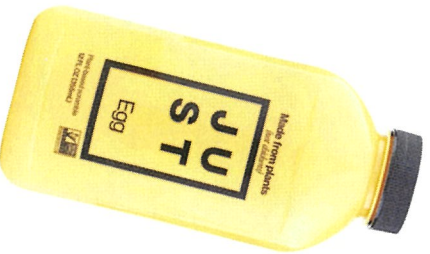
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DAIRY-FREE EGG-FREE BREAKFAST DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
DEC 2 & 16	DEC 3 & 17	DEC 4 & 18	DEC 5 & 19	DEC 6 & 20
Whole Wheat Bagel with Jelly (Assorted Flavors), Orange, Dairy//Lactose-Free Milk	Egg** Burrito with Salsa (Whole Wheat), Apple, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Clementine, Dairy//Lactose-Free Milk	Turkey Sausage in a Whole Wheat Bagel Sandwich, Banana, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy//Lactose-Free Milk
NOV 25 & DEC 9	NOV 26 & DEC 10	DEC 11	DEC 12	DEC 13
Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, (DF), Orange, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy//Lactose-Free Milk	Hash Brown, Scrambled Eggs** w/ Turkey, (DF) Clementine, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Banana, Dairy//Lactose-Free Milk	Egg** in a Whole Wheat Bagel Sandwich, Apple, Dairy//Lactose-Free Milk
Dairy-Free Cereal Options to be sent are:				

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex

**Plant Based Egg Substitute, Ingredients will be listed on the daily menus.



Hot Lunch Menu

DECEMBER 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>Chicken Carnitas, Enriched White Rice, Corn & Red Pepper, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>NOV 26</p> <p>Beef Bolognese, Enriched Pasta, Roasted Carrots Clementine & 2nd Fruit, 1% milk/choc milk</p>	<p>NOV 27</p> <p>HOLIDAY</p>	<p>NOV 28</p> <p>HOLIDAY</p>	<p>NOV 29</p> <p>HOLIDAY</p>
<p>2</p> <p>Mini Chicken Corn Dog, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>3</p> <p>Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>4</p> <p>Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit 1% milk/choc milk</p>	<p>5</p> <p>Creole Chicken, Lima Bean Brown Rice, Green Beans. Apple & 2nd Fruit 1% milk/choc milk</p>	<p>6</p> <p>Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk</p>
<p>9</p> <p>Chicken Nuggets, w/ Enriched White Rice, & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk</p>	<p>10</p> <p>Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>11</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk</p>	<p>12</p> <p>Jerk Chicken, Pigeon Enriched Rice, Plantains, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>13</p> <p>Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk</p>
<p>16</p> <p>Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit 1% milk/choc milk</p>	<p>17</p> <p>Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>18</p> <p>BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk</p>	<p>19</p> <p>Teriyaki Chicken, Enriched White Rice & Broccoli Apple & 2nd Fruit 1% milk/choc milk</p>	<p>20</p> <p>Beet Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, Banana & 2nd Fruit 1% milk/choc milk</p>

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Cold Lunch

DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Mayo Apple & 2nd Fruit 1% milk/choc milk</p>	<p>NOV 26</p> <p>Grilled Chicken w/ W.W. Pasta Salad, Corn, Spinach, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>NOV 27</p> <p>HOLIDAY</p>	<p>NOV 28</p> <p>HOLIDAY</p>	<p>NOV 29</p> <p>HOLIDAY</p>
<p>2</p> <p>Lunch Box 1 Salad: Turkey & Cheese Cubes, Pretzel Bites, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing Apple & 2nd Fruit, 1% milk/choc milk</p>	<p>3</p> <p>BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>4</p> <p>Jerk Chicken Sandwich, W.W. Bread, Cabbage, Carrots, Pineapple w/ Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk</p>	<p>5</p> <p>Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit, 1% milk/choc milk</p>	<p>6</p> <p>Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1% milk/choc milk</p>
<p>9</p> <p>Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>10</p> <p>Grilled Peruvian Chopped Chicken Salad: Lettuce, Corn, Cherry, Black Beans, W.W. Tortilla, Ranch Dressing Clementine & 2nd Fruit, 1% milk/choc milk.</p>	<p>11</p> <p>Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk Contains: Mayo</p>	<p>12</p> <p>Caprese Sandwich w/ Balsamic Glaze, Spinach Salad w/ Balsamic Dressing Apple & 2nd Fruit 1% milk/choc milk</p>	<p>13</p> <p>Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk</p>
<p>16</p> <p>DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Mayo Apple & 2nd Fruit 1% milk/choc milk Contains: Mayo</p>	<p>17</p> <p>Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit, 1% milk/choc milk.</p>	<p>18</p> <p>Lemon Chicken Wrap, Lettuce, W.W. Tortilla, Mixed Veggie Potato Salad. Orange & 2nd Fruit 1% milk/choc milk</p>	<p>19</p> <p>Salvadorian Chicken Sandwich, Cabbage Slaw, Carrots, W.W. Bread, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>20</p> <p>Mediterranean Salad: Lettuce, Tomato, Chickpeas, Bell Peppers, Cucumber, Mini Pita Bread, & Balsamic Vinaigrette, Banana & 2nd Fruit 1% milk/choc milk</p>

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Dairy Free Menu

DECEMBER 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>Chicken Carnitas, Enriched White Rice, Corn & Red Pepper, Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>NOV 26</p> <p>Beef Bolognese, Enriched Pasta, Roasted Carrots Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>NOV 27</p> <p>HOLIDAY</p>	<p>NOV 28</p> <p>HOLIDAY</p>	<p>NOV 29</p> <p>HOLIDAY</p>
<p>2</p> <p>Vegan Nuggets, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>3</p> <p>Burger Day!!! Beef Patty, Vegan Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>4</p> <p>Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>5</p> <p>Creole Chicken, Lima Bean Brown Rice, Green Beans. Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>6</p> <p>Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit Dairy/Lactose-Free Milk</p>
<p>9</p> <p>Chicken Nuggets, w/ Enriched White Rice, & Carrots (Ketchup) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>10</p> <p>Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>11</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>12</p> <p>Jerk Chicken, Pigeon Enriched Rice, Plantains, Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>13</p> <p>Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit, Dairy/Lactose-Free Milk</p>
<p>16</p> <p>Breakfast For Lunch!!! W.W. Bagel, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>17</p> <p>Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>18</p> <p>BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>19</p> <p>Teriyaki Chicken, Enriched White Rice & Broccoli Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>20</p> <p>Beef Totchos (Tater Tots Nachos), W.W. Bread, Vegan Cheesy Green Peas, Banana & 2nd Fruit, Dairy/Lactose-Free Milk</p>



DECEMBER 2024

Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>NOV 25</p> <p>Plant-Based Meatballs, Cheese Enriched White Rice, Corn & Red Pepper Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>NOV 26</p> <p>Plant Based Bolognese, Enriched Pasta, Roasted Carrots, Clementine & 2nd Fruit, 1% milk/choc milk****</p>	<p>NOV 27</p> <p>HOLIDAY</p>	<p>NOV 28</p> <p>HOLIDAY</p>	<p>NOV 29</p> <p>HOLIDAY</p>
<p>2</p> <p>Vegan Nuggets, Mashed Potatoes & Roasted Carrots Apple & 2nd Fruit 1% milk/choc milk</p>	<p>3</p> <p>Veggie Burger, American Cheese, Mixed Veggies, W.W. Bun, Clementine & 2nd Fruit 1% milk/choc milk.</p>	<p>4</p> <p>Black Beans, Enriched Carrot Quinoa Rice, & Corn, Orange & 2nd Fruit 1% milk/choc milk.</p>	<p>5</p> <p>Vegan Creole Chicken w/ Lima Bean Brown Rice, & Corn, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>6</p> <p>Pizza day!!! Pita dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk****</p>
<p>9</p> <p>Veggie Chicken Nuggets, Enriched White Rice, & Carrots, Apple & 2nd Fruit, 1% milk/choc milk****</p>	<p>10</p> <p>W.W Penne Pasta w/ Plant Base Meatball, Broccoli, Marinara Sauce, Clementine & 2nd Fruit 1% milk/choc milk****</p>	<p>11</p> <p>Boiled Hard Egg in Tomato Sauce, Brazilian Enriched Rice, Peas, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>12</p> <p>Jerk Vegan Chicken, Pigeon Enriched Rice, Plantains, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>13</p> <p>Pizza Day!!! Pita Dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk****</p>
<p>16</p> <p>Breakfast For Lunch!!! Pancakes w/ a Cheese Stick, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>17</p> <p>Barbacoa Plant-Based Meatball, Cilantro lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk****</p>	<p>18</p> <p>Tempura BBQ Tofu, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>19</p> <p>Teriyaki Vegan Chicken, Enriched White Rice, Broccoli, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>20</p> <p>Vegan Beef Totchos (Tater Tots Nachos) W.W. Dinner Roll, Green Pea, Banana & 2nd Fruit 1% milk/choc milk****</p>

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Please Make Sure that the Replacement is the Same Lunch Type

Hot Lunch Option 1

Beef Meatballs on a Whole Wheat Sub, & Corn/Broccoli, Fresh Fruit
1% Milk/Choc Milk****

Hot Lunch Option 2

Chicken Nuggets, Roasted Carrots, Enriched White Rice, Fresh Fruit
1% Milk/Choc Milk****

Cold Lunch Option 1

Cold Lunch:
Turkey Sandwich, Cheddar Cheese, on Whole Wheat Bread & Garden Salad, Fresh Fruit
1% Milk/Choc Milk****

Cold Lunch Option 2

Vegetarian Option:
Sunflower Butter and Jelly Sandwich, Chickpeas, & Salad
Fresh Fruit
1% Milk/Choc Milk****

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How to implement these options into your menu?

- If there's a meal on a certain day that the kids do not find very appetizing feel free to enter which option meal you'd like to replace it with under the Special Requests Section!
- The fruit sent will be assigned depending on the day you decide when to implement a substitute meal from the options above!
- These meal substitutes can be used to replace meals from the Hot Lunch Menu only and do not apply for meals from the Breakfasts Menus or Cold/Vegetarian/Dairy-Free Menus.
- Meal options cannot be mixed, one meal substitute per day.
- Fresh Fruit = FRUIT OF THE DAY

Any further questions please feel free to reach out and let me know!