HOT BREAKFAST

JANUARY2025



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Breakfast Combo, (Whole Wheat Tortilla) (DF) Clementine, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Banana, 1% milk/choc milk***	Cheese Omelet w/ Salsa (Whole Wheat Bread) Apple, 1% milk/choc milk***
6	7	8	9	10
Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Clementine, 1% milk/choc milk***	Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
13 Whole Wheat Bagel w/ Cream Cheese Orange, 1% milk/choc milk***	14 French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk***
20	21	22	23	24
Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	Vegetable Frittata (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Apple, 1% milk/choc milk***
27	28	29	30	31
Whole Wheat Confetti Pancake Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Banana, 1% milk/choc milk***	Breakfast Combo, (Whole Wheat Bread) (DF) Apple, 1% milk/choc milk

^{***}Pre-K kids can only have 1% Milk according to DESE regulations.

Cold Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Apple Cinnamon Cheerios Cereal, Clementine, and 1% milk/choc milk	Honey Cheerios Cereal, Banana, 1% milk/choc milk***	Chocolate Chip Muffin, Apple, 1% milk/choc milk***
6	7	8	9	10
Blueberry Chex Cereal, Orange, 1% milk/choc milk***	Apple Cinnamon Cheerios Cereal Apple, 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine, 1% milk/choc milk***	Blueberry Muffin, Banana, 1% milk/choc milk***	Cinnamon Toast Cereal, Apple, 1% milk/choc milk***
13	14	15	16	17
Cinnamon Toast	Chocolate Chip	Blueberry Chex	Cinnamon Toast	Cocoa Puffs
Cereal, Orange,	Muffin, Apple,	Cereal, Clementine,	Cereal, Banana,	Cereal, Apple,
1% milk/choc milk***	1% milk/choc milk***	1% milk/choc milk***	1% milk/choc milk***	1% milk/choc milk***
20	21	22	23	24
Cocoa Puffs	Blueberry Chex	Pop Tart, Strawberry	Cocoa Puffs	Cinnamon Toast
Cereal, Orange,	Cereal, Apple,	Frosted, 1 Mozzarella	Cereal, Banana,	Cereal, Apple,
1% milk/choc milk***	1% milk/choc milk***	Stick, Clementine,	1% milk/choc milk***	1% milk/choc milk***
		1% milk/choc milk***		
27	28	29	30	31
Apple Cinnamon	Cocoa Puffs	Blueberry Chex	Blueberry Muffin	Cocoa Puffs
Cheerios Cereal, Orange,	Cereal, Apple,	Cereal, Clementine,	(Whole Wheat)	Cereal, Apple,
1% milk/choc milk***	1% milk/choc milk***	1% milk/choc milk***	Banana, 1% milk/choc milk***	1% milk/choc milk***

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Hot Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Peruvian Chicken, Enriched White Rice & Quinoa, Carrot &Corn. Orange & 2nd Fruit 1% milk/choc milk***	Teriyaki Chicken, Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***
6	7	8	9	10
Jerk Chicken, Jollof enriched rice, Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk***	Meatballs Madness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit 1% milk/choc milk***	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Apple & 2nd Fruit 1%milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk***
13	14	15	16	17
Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/ketchup) Apple & 2nd Fruit 1% milk/choc milk***	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, Clementine & 2nd Fruit 1% milk/choc milk***	BBQ Grilled Chicken Potato Bowl, Corn & Beans W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk***	Beef Bolognese Lasagna, & Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Hot Dog Day!!!!! Beef Sausage, W.W. Sub, Potato Tots,Carrots, (Ketchup) Banana & 2nd Fruit 1% milk/choc milk***
20	21	22	23	24
Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit, 1% milk/choc milk***	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk***	Cheese Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk***	Dominican Chicken, Pigeon Enriched Rice, Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk***
27	28	29	30	31
Chicken Corn Dog, Mashed Potatoes, & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	Korean Bowl Ground beef, Enriched white rice Broccoli Clementine & 2nd Fruit, 1% milk/choc milk***	Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream)	Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit, 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk***

Orange & 2nd Fruit
1% milk/choc milk***

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Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2	3	
STOCK POT		Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers,Lettuce, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit, 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Garden salad W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1 % milk/choc milk***	
6	7	8	9	10	
Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Mayo Clementine & 2nd Fruit, 1% milk/choc milk***.	Asian Chicken Salad Lettuce, mandarin, tomato, Parmesan cheese,sesame Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	Lunch box Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***	
13	14	15	16	17	
Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit, 1% milk/choc milk***.	Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 100 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***	
20	21	22	23	24	
Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***	Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots & Pineapple, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit, 1% milk/choc milk***	Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk***	
27	28	29	30	31	
DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***	Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk***	Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit 1% milk/choc milk***	Avocado Toast Sandwich w/ Turkey, & Garden Salad. Banana & 2nd Fruit 1% milk/choc milk***	

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