## HOT BREAKFAST FEBRUARY2025



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
French Toast Sticks w/ Maple Syrup, Orange, 1% milk/choc milk	Whole Wheat Confetti Pancake, Apple, 1% milk/choc milk	Breakfast Combo, (Whole Wheat Tortilla) (DF) Clementine, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese.  Banana,  1% milk/choc milk***	Cheese Omelet w/ Salsa (Whole Wheat Bread)  Apple, 1% milk/choc milk***
10	11	12	13	14
Pancakes (Whole Wheat)  w/ Maple Syrup,  Orange,  1% milk/choc milk***  17  NO  SCHOOL	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***  18 NO SCHOOL	Whole Wheat Bagel w/ Cream Cheese Clementine, 1% milk/choc milk***  19  NO SCHOOL	Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***  20 NO SCHOOL	Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***  21 NO SCHOOL
24 Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	25 Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	26 English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	Vegetable Frittata (Age Group: Ages 6-18)  Banana, 1% milk/choc milk***	28 Whole Wheat Bagel w/ Cream Cheese Apple, 1% milk/choc milk***

<sup>\*\*\*</sup>Pre-K kids can only have 1% Milk according to DESE regulations.

# Cold Breakfast FEBRUARY2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cinnamon Toast Cereal, Orange, 1% milk/choc milk	Cocoa Puffs Cereal, Apple, 1% milk/choc milk	Apple Cinnamon Cheerios Cereal, Clementine, and 1% milk/choc milk	Honey Cheerios Cereal, Banana, 1% milk/choc milk***	Chocolate Chip Muffin, Apple, 1% milk/choc milk***
10	11	12	13	14
Blueberry Chex Cereal, Orange, 1% milk/choc milk***  17  NO SCHOOL	Apple Cinnamon Cheerios Cereal Apple, 1% milk/choc milk***  18 NO SCHOOL	Cocoa Puffs Cereal, Clementine, 1% milk/choc milk***  19  NO SCHOOL	Blueberry Muffin, Banana, 1% milk/choc milk***  20  NO SCHOOL	Cinnamon Toast Cereal, Apple, 1% milk/choc milk***  21  NO SCHOOL
24 Cocoa Puffs Cereal, Orange, 1% milk/choc milk***	25 Blueberry Chex Cereal, Apple, 1% milk/choc milk***	Pop Tart, Strawberry Frosted, 1 Mozzarella Stick, Clementine, 1% milk/choc milk***	27 Cocoa Puffs Cereal, Banana, 1% milk/choc milk***	28 Cinnamon Toast Cereal, Apple, 1% milk/choc milk***

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### **Hot Lunch Menu**

# FEBRUARY2025 MALDEN



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Mini Chicken Corn Dog, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken, Enriched White Rice & Quinoa, Carrot &Corn. Orange & 2nd Fruit 1% milk/choc milk***	Teriyaki Chicken, Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***
10	11	12	13	14
Jerk Chicken, Jollof enriched rice, Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk***	Meatballs Madness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit 1% milk/choc milk***	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Apple & 2nd Fruit 1%milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk***
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
24	25	26	27	28
Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit, 1% milk/choc milk***	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk***	Cheese Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk***	Dominican Chicken, Pigeon Enriched Rice, Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit, 1% milk/choc milk***

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### **Cold Lunch**



### FEBRUARY2025

1% milk/choc milk\*\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Lunch Box 1 Salad: Turkey & Cheese Cubes, Pretzel Bites, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing Apple & 2nd Fruit, 1% milk/choc milk	BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers,Lettuce, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit, 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Garden salad W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1 % milk/choc milk***
10	11	12	13	14
Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Mayo Clementine & 2nd Fruit, 1% milk/choc milk***.	Asian Chicken Salad Lettuce, mandarin, tomato, Parmesan cheese,sesame Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	Lunch box Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
24	25	26	27	28
Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, Italian Dressing Apple & 2nd Fruit	Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, & French Dressing,	Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots & Pineapple, Ranch Dressing	Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing,	Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit

Orange & 2nd Fruit

1% milk/choc milk\*\*\*

Apple & 2nd Fruit,

1% milk/choc milk\*\*\*

**Clementine & 2nd Fruit** 

1% milk/choc milk\*\*\*

1% milk/choc milk\*\*\*

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