



HOT BREAKFAST FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Sticks w/ Maple Syrup, Orange , 1% milk/choc milk	4 Whole Wheat Confetti Pancake, Apple , 1% milk/choc milk	5 Breakfast Combo, (Whole Wheat Tortilla) (DF) Clementine , 1% milk/choc milk***	6 English Muffin w/ Turkey Sausage, & Cheese. Banana , 1% milk/choc milk***	7 Cheese Omelet w/ Salsa (Whole Wheat Bread) Apple , 1% milk/choc milk***
10 Pancakes (Whole Wheat) w/ Maple Syrup, Orange , 1% milk/choc milk***	11 French Toast Sticks w/ Maple Syrup Apple , 1% milk/choc milk***	12 Whole Wheat Bagel w/ Cream Cheese Clementine , 1% milk/choc milk***	13 Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana , 1% milk/choc milk***	14 Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple , 1% milk/choc milk***
17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL
24 Pancakes (Whole Wheat) w/ Maple Syrup Orange , 1% milk/choc milk***	25 Egg & Cheese Croissant Sandwich, Apple , 1% milk/choc milk***	26 English Muffin w/ Turkey Sausage, & Cheese. Clementine , 1% milk/choc milk***	27 Vegetable Frittata (Age Group: Ages 6-18) Banana , 1% milk/choc milk***	28 Whole Wheat Bagel w/ Cream Cheese Apple , 1% milk/choc milk***

***Pre-K kids can only have 1% Milk according to DESE regulations.



Cold Breakfast

FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Toast Cereal, Orange , 1% milk/choc milk	4 Cocoa Puffs Cereal, Apple , 1% milk/choc milk	5 Apple Cinnamon Cheerios Cereal, Clementine , and 1% milk/choc milk	6 Honey Cheerios Cereal, Banana , 1% milk/choc milk***	7 Chocolate Chip Muffin, Apple , 1% milk/choc milk***
10 Blueberry Chex Cereal, Orange , 1% milk/choc milk***	11 Apple Cinnamon Cheerios Cereal Apple , 1% milk/choc milk***	12 Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	13 Blueberry Muffin, Banana , 1% milk/choc milk***	14 Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL
24 Cocoa Puffs Cereal, Orange , 1% milk/choc milk***	25 Blueberry Chex Cereal, Apple , 1% milk/choc milk***	26 Pop Tart, Strawberry Frosted, 1 Mozzarella Stick, Clementine , 1% milk/choc milk***	27 Cocoa Puffs Cereal, Banana , 1% milk/choc milk***	28 Cinnamon Toast Cereal, Apple , 1% milk/choc milk***

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DAIRY-FREE EGG-FREE BREAKFAST FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 & 17	4 & 18	5 & 19	6 & 20	7 & 21
Whole Wheat Bagel with Jelly (Assorted Flavors!), Orange , Dairy/Lactose-Free Milk	Egg** Burrito with Salsa (Whole Wheat), Apple , Dairy/Lactose-Free Milk	Dairy-Free Cereal, Clementine , Dairy/Lactose-Free Milk	Turkey Sausage in a Whole Wheat Bagel Sandwich, Banana , Dairy/Lactose-Free Milk	Dairy-Free Cereal, Apple , Dairy/Lactose-Free Milk
10 & 24	11 & 25	12 & 26	13 & 27	14 & 18
Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, (DF), Orange , Dairy/Lactose-Free Milk	Dairy-Free Cereal, Apple , Dairy/Lactose-Free Milk	Hash Brown, Scrambled Eggs** w/ Turkey, (DF) Clementine , Dairy/Lactose-Free Milk	Cereal, Banana , Dairy/Lactose-Free Milk	Egg** in a Whole Wheat Bagel Sandwich, Apple , Dairy/Lactose-Free Milk

Dairy-Free Cereal Options to be sent are:

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex



**Plant Based Egg Substitute, Ingredients will be listed on the daily menus.



Hot Lunch Menu

FEBRUARY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Mini Chicken Corn Dog, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken, Enriched White Rice & Quinoa, Carrot & Corn. Orange & 2nd Fruit 1% milk/choc milk***	Teriyaki Chicken, Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
10	11	12	13	14
Jerk Chicken, Jollof enriched rice, Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk***	Meatballs Madness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit 1% milk/choc milk***	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
24	25	26	27	28
Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk***	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk***	Cheese Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk***	Dominican Chicken, Pigeon Enriched Rice, Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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Cold Lunch



FEBRUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Lunch Box 1 Salad: Turkey & Cheese Cubes, Pretzel Bites, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing Apple & 2nd Fruit, 1% milk/choc milk	4 BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	5 Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	6 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit, 1% milk/choc milk***	7 Chicken Chipotle Wrap: Chicken, Lettuce, Garden salad W.W. Tortilla, & Ranch Dressing. Banana & 2nd Fruit 1 % milk/choc milk***
10 Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	11 DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Mayo Clementine & 2nd Fruit 1% milk/choc milk***.	12 Asian Chicken Salad Lettuce, mandarin, tomato, Parmesan cheese, sesame Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	13 Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	14 Lunch box Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
17 NO SCHOOL	18 NO SCHOOL	19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL
24 Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***	25 Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	26 Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots & Pineapple, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	27 Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit, 1% milk/choc milk***	28 Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk***

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Dairy Free Menu

FEBRUARY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vegan Nuggets, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit Dairy/Lactose-Free Milk	Burger Day!!! Beef Patty, Vegan Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit Dairy/Lactose-Free Milk	Peruvian Chicken, Enriched White Rice & Quinoa, Carrot & Corn. Orange & 2nd Fruit Dairy/Lactose-Free Milk	Teriyaki Chicken, Enriched White Rice, Broccoli (Pea, Corn, Carrots, Raisins), Green Beans. Apple & 2nd Fruit Dairy/Lactose-Free Milk	Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit Dairy/Lactose-Free Milk
10	11	12	13	14
Jerk Chicken, Jollof Enriched Rice, Green Bean Apple & 2nd Fruit Dairy/Lactose-Free Milk	Chicken Nuggets, Mashed Potatoes, W.W. Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit Dairy/Lactose-Free Milk	Meatballs Madness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit Dairy/Lactose-Free Milk	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans. Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy/Lactose-Free Milk
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
24	25	26	27	28
Beef Tostchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit , Dairy/Lactose-Free Milk	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk	Dairy/Lactose Free Cheese Burger, W.W. Bun, Mix Veggies, Orange & 2nd Fruit Dairy/Lactose-Free Milk	Dominican Chicken, Pigeon Enriched Rice Plantains Apple & 2nd Fruit Dairy/Lactose-Free Milk	Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy/Lactose-Free Milk

Vegetarian Menu

FEBRUARY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Vegan Nuggets, Mashed Potatoes & Roasted Carrots & W.W. Dinner Roll, Apple & 2nd Fruit 1% milk/choc milk	Veggie Burger, American Cheese, Mixed Veggies, W.W. Bun, Clementine & 2nd Fruit 1% milk/choc milk	Beans Stew, White Rice & Quinoa, Carrot & Corn. Orange & 2nd Fruit 1% milk/choc milk***	Teriyaki Tofu, Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
10	11	12	13	14
Jerk Tofu, Jollof Enriched Rice, & Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Vegan Nuggets, Mashed Potatoes, W.W. Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk***	Vegan Meatballs /Medness, W.W. Penne Pasta, & Broccoli. Orange & 2nd Fruit 1% milk/choc milk***	Cheese Stick, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), green beans . Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
17	18	19	20	21
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
24	25	26	27	28
Vegan Beef Tostchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	Honey Sriracha Vegan Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk***	Veggie Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk***	Vegan Nuggets, Pigeon Enriched Rice & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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SPECIAL REQUESTS MENU



FEBRUARY 2025

Please Make Sure that the Replacement is the Same Lunch Type

Please Make Sure that the Replacement is the Same Lunch Type	
Beef Meatballs on a Whole Wheat Sub, & Corn/Broccoli, Fresh Fruit 1% Milk/Choc Milk***	Chicken Nuggets, Enriched White Rice, Roasted carrots Fresh Fruit 1% Milk/Choc Milk***

Vegetarian Option:	
Cold Lunch: Turkey Sandwich, Cheddar Cheese, on Whole Wheat Bread & Garden Salad. Fresh Fruit 1% Milk/Choc Milk***	Sunflower Butter and Jelly Sandwich, Chickpeas, & Salad Fresh Fruit 1% Milk/Choc Milk***

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In order to meet nutrition regulations and requirements set by DESE, we're now limiting the number of meals substituted up to 2 times per week.

How to implement these options into your menu?

- How to implement these options into your menu?
- If there's a meal on a certain day that the kids do not find very appetizing feel free to enter which option meal you'd like to replace it with under the Special Requests Section!
 - The fruit sent will be assigned depending on the day you decide when to implement a substitute meal from the options above!
 - These meal substitutes can be used to replace meals from the Hot Lunch Menu only and do not apply for meals from the Breakfasts Menus or Cold/Vegetarian/Dairy-Free Menus.