

# HOT BREAKFAST

# MARCH 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Sticks w/ Maple Syrup, <b>Orange</b> , 1% milk/choc milk 10	4 Whole Wheat Confetti Pancake, <b>Apple</b> , 1% milk/choc milk 11	5 Breakfast Combo, (Whole Wheat Tortilla) (DF) <b>Clementine</b> , 1% milk/choc milk*** 12	6 English Muffin w/ Turkey Sausage, & Cheese. <b>Banana</b> , 1% milk/choc milk*** 13	7 Cheese Omelet w/ Salsa (Whole Wheat Bread) <b>Apple</b> , 1% milk/choc milk*** 14
Pancakes (Whole Wheat) w/ Maple Syrup, <b>Orange</b> , 1% milk/choc milk*** 17	French Toast Sticks w/ Maple Syrup <b>Apple</b> , 1% milk/choc milk*** 18	Whole Wheat Bagel w/ Cream Cheese <b>Clementine</b> , 1% milk/choc milk*** 19	Breakfast Turkey Pizza (Age Group: Ages 6-18) <b>Banana</b> , 1% milk/choc milk*** 20	Eggs Patty, Ranchero Sauce, Whole Wheat Bread <b>Apple</b> , 1% milk/choc milk*** 21
Whole Wheat Bagel w/ Cream Cheese <b>Orange</b> , 1% milk/choc milk*** 24	French Toast Sticks w/ Maple Syrup <b>Apple</b> , 1% milk/choc milk*** 25	Egg & Cheese Croissant Sandwich, <b>Clementine</b> , 1% milk/choc milk*** 26	Ground Beef Hash Brown Stackler (Age Group: Ages 6-18) <b>Banana</b> , 1% milk/choc milk*** 27	Breakfast Burrito: Egg & Turkey DELI <b>Apple</b> , 1% milk/choc milk*** 28
Whole Wheat Confetti Pancake <b>Orange</b> , 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread <b>Apple</b> , 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup <b>Clementine</b> , 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese <b>Banana</b> , 1% milk/choc milk***	Breakfast Combo, (Whole Wheat Bread) (DF) <b>Apple</b> , 1% milk/choc milk

\*\*\*Pre-K kids can only have 1% Milk according to DESE regulations.

# Cold Breakfast

# MARCH 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamonon Toast Cereal, <b>Orange</b> , 1% milk/choc milk	4 Cocoa Puffs Cereal, <b>Apple</b> , 1% milk/choc milk	5 Apple Cinnamonon Cheerios Cereal, <b>Clementine</b> , and 1% milk/choc milk	6 Honey Cheerios Cereal, <b>Banana</b> , 1% milk/choc milk***	7 Chocolate Chip Muffin, <b>Apple</b> , 1% milk/choc milk***
10 Blueberry Chex Cereal, <b>Orange</b> , 1% milk/choc milk***	11 Apple Cinnamonon Cheerios Cereal <b>Apple</b> , 1% milk/choc milk***	12 Cocoa Puffs Cereal, <b>Clementine</b> , 1% milk/choc milk***	13 Blueberry Muffin, <b>Banana</b> , 1% milk/choc milk***	14 Cinnamonon Toast Cereal, <b>Apple</b> , 1% milk/choc milk***
17 Cinnamonon Toast Cereal, <b>Orange</b> , 1% milk/choc milk***	18 Chocolate Chip Muffin, <b>Apple</b> , 1% milk/choc milk***	19 Blueberry Chex Cereal, <b>Clementine</b> , 1% milk/choc milk***	20 Cinnamonon Toast Cereal, <b>Banana</b> , 1% milk/choc milk***	21 Cocoa Puffs Cereal, <b>Apple</b> , 1% milk/choc milk***
24 Apple Cinnamonon Cheerios Cereal, <b>Orange</b> , 1% milk/choc milk***	25 Cocoa Puffs Cereal, <b>Apple</b> , 1% milk/choc milk***	26 Blueberry Chex Cereal, <b>Clementine</b> , 1% milk/choc milk***	27 Blueberry Muffin (Whole Wheat) <b>Banana</b> , 1% milk/choc milk***	28 Cocoa Puffs Cereal, <b>Apple</b> , 1% milk/choc milk***

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# DAIRY-FREE EGG-FREE BREAKFAST MARCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 3, 17, 31 Whole Wheat Bagel with Jelly (Assorted Flavors), <b>Orange</b> , Dairy/Lactose-Free Milk	MARCH 4, 18 Egg** Burrito with Salsa (Whole Wheat), <b>Apple</b> , Dairy/Lactose-Free Milk	MARCH 5, 19 Dairy-Free Cereal, <b>Clementine</b> , Dairy/Lactose-Free Milk	MARCH 6, 20 Turkey Sausage in a Whole Wheat Bagel Sandwich, <b>Banana</b> , Dairy/Lactose-Free Milk	MARCH 7, 21 Dairy-Free Cereal, <b>Apple</b> , Dairy/Lactose-Free Milk
FEB 24 & MARCH 10, 24 Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, (DF), <b>Orange</b> , Dairy/Lactose-Free Milk	FEB 25 & MARCH 11, 25 Dairy-Free Cereal, <b>Apple</b> , Dairy/Lactose-Free Milk	FEB 26 & MARCH 12, 26 Hash Brown, Scrambled Eggs** w/ Turkey, (DF) <b>Clementine</b> , Dairy/Lactose-Free Milk	FEB 27 & MARCH 13, 27 Dairy-Free Cereal, <b>Banana</b> , Dairy/Lactose-Free Milk	FEB 28 & MARCH 14, 28 Egg** in a Whole Wheat Bagel Sandwich, <b>Apple</b> , Dairy/Lactose-Free Milk

Dairy-Free Cereal Options to be sent are:

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex

\*\*Plant Based Egg Substitute, Ingredients will be listed on the daily menus.



# Hot Lunch Menu

# MARCH 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini Chicken Corn Dog, Mashed Potato, Roasted Carrots, <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk	4 Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk	5 Peruvian Chicken, Enriched White Rice & Quinoa, Carrots & Corn. <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****	6 Teriyaki Chicken, Enriched White Rice, Broccoli <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	7 Pizza day!!! Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk****
10 Jerk Chicken, Jollof enriched rice, Green Beans <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	11 Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk****	12 Meatballs Madness W.W. Penne Pasta, Broccoli. <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****	13 Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	14 Pizza day!!! Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> , 1% milk/choc milk****
17 Breakfast For Lunch!!! Pancakes, Tater Tois, Sausage & Carrots (Maple Syrup/ketchup) <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	18 Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk****	19 BBQ Grilled Chicken Potato Bowl, Corn & Beans W.W. Dinner Roll, <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****	20 Beef Bolognese Lasagna, & Broccoli <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	21 Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, Carrots, (Ketchup) <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk****
24 Chicken Corn Dog, Mashed Potatoes, & Carrots (Ketchup) <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	25 Korean Bowl: Ground beef, Enriched White Rice & Broccoli <b>Clementine &amp; 2nd Fruit</b> , 1% milk/choc milk****	26 Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****	27 Chicken Tetrazzini Enriched Pasta, Broccoli <b>Apple &amp; 2nd Fruit</b> , 1% milk/choc milk****	28 Pizza day!!! & Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> , 1% milk/choc milk****

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# Cold Lunch



# MARCH 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Lunch Box Salad: Turkey & Cheese Cubes,, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing <b>Apple &amp; 2nd Fruit,</b> 1% milk/choc milk	4 BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk	5 Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk***	6 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing <b>Apple &amp; 2nd Fruit,</b> 1% milk/choc milk***	7 Chicken Chipotle Wrap: Chicken, Lettuce, Garden salad W.W. Tortilla, & Ranch Dressing, <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk***
10 Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	11 DEI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo <b>Clementine &amp; 2nd Fruit,</b> 1% milk/choc milk***.	12 Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, Sesame Asian dressing <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk***	13 Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	14 Lunch box Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk***
17 Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	18 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. <b>Clementine &amp; 2nd Fruit,</b> 1% milk/choc milk***.	19 Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk***	20 Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	21 Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk***
24 DEI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	25 Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk***	26 Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk***	27 Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk***	28 Avocado Toast Sandwich w/ Turkey, & Garden Salad. <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk***

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# Dairy Free Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Vegan Nuggets, Mashed Potato, Roasted Carrots, <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	4 Burger Day!!! Beef Patty, Vegan Cheese, W.W. Bun, Mix Veggie (Ketchup) <b>Clementine &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	5 Peruvian Chicken, Enriched White Rice & Quinoa, Carrot & Corn. <b>Orange &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	6 Teriyaki Chicken, Enriched White Rice, Broccoli <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	7 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk
10 Jerk Chicken, Jollof Enriched Rice, Green Bean <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	11 Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) <b>Clementine &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	12 Meatballs Medness W.W. Penne Pasta, Broccoli. <b>Orange &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	13 Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans. <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****	14 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> , Dairy/Lactose-Free Milk
17 Breakfast For Lunch!!! WW Bagel, Tater Tots, Sausage & Carrots (Maple Syrup/ketchup) <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	18 Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, <b>Clementine &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	19 BBQ Grilled Chicken Potato Bowl, Corn & Beans W.W. Dinner Roll, <b>Orange &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	20 Beef Bolognese Lasagna, Broccoli <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	21 Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, Carrots, (Ketchup) <b>Banana &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk
24 Chicken Nuggets, Mashed Potatoes, Carrots (Ketchup) <b>Apple &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	25 Korean Bowl, Ground Beef, Enriched White Rice & Broccoli <b>Clementine &amp; 2nd Fruit</b> , Dairy/Lactose-Free Milk	26 Southwest bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour cream ) <b>Orange &amp; 2nd Fruit</b> Dairy/Lactose-Free Milk	27 Chicken Marinara Enriched Pasta, Broccoli <b>Apple &amp; 2nd Fruit</b> , Dairy/Lactose-Free Milk	28 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> , Dairy/Lactose-Free Milk

# Vegetarian Menu

# MARCH 2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Vegan Nuggets, Mashed Potatoes &amp; Roasted Carrots &amp; W.W. Dinner Roll, <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk</p> <p>10</p> <p>Jerk Tofu, Jollof Enriched Rice, &amp; Green Beans <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>17</p> <p>Breakfast For Lunch!!! Pancakes, Tater Tots, Cheese Stick &amp; Carrots (Maple Syrup/Ketchup) <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>24</p> <p>Vegan Meatballs Mashed Potatoes w/ Gravy Carrots (Ketchup) <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p>	<p>4</p> <p>Veggie Burger, American Cheese, Mixed Veggies, W.W. Bun, <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk.</p> <p>11</p> <p>Vegan Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>18</p> <p>Vegan Beef Taco, Cilantro Lime Brown Rice, &amp; Mixed Veggies, <b>Clementine &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>25</p> <p>Korean Bowl Vegan Ground Beef, Enriched White Rice, &amp; Broccoli <b>Clementine &amp; 2nd Fruit</b>, 1% milk/choc milk****</p>	<p>5</p> <p>Beans Stew White Rice &amp; Quinoa, Carrot &amp; Corn. <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>12</p> <p>Vegan Meatballs Medness, W.W. Penne Pasta, &amp; Broccoli. <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>19</p> <p>BBQ Tempora Tofu Potato Bowl, Corn &amp; Beans W.W. Dinner Roll, <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>26</p> <p>Southwest Bowl: Mexican Fajita Tofu, Enriched White Rice, Black beans &amp; Corn Salsa (Sour cream ) <b>Orange &amp; 2nd Fruit</b> 1% milk/choc milk****</p>	<p>6</p> <p>Teriyaki Tofu Enriched White Rice, Broccoli <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>13</p> <p>Cheese Stick Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), green beans. <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>20</p> <p>Vegan Beef Bolognese Lasagna &amp; Broccoli <b>Apple &amp; 2nd Fruit</b> 1% milk/choc milk****</p>	<p>7</p> <p>Pizza day!!! Mixed Veggies, <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>14</p> <p>Pizza day!!! Mixed Veggies, <b>Banana &amp; 2nd Fruit</b>, 1% milk/choc milk****</p> <p>21</p> <p>Vegan-Hot Dog Day!!!! W.W. Sub, Potato Tots, Carrots, (Ketchup) <b>Banana &amp; 2nd Fruit</b> 1% milk/choc milk****</p> <p>28</p> <p>Pizza day!!! &amp; Mixed Veggies, <b>Banana &amp; 2nd Fruit</b>, 1% milk/choc milk****</p>

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