



Cold Breakfast

APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
Cinnamonon Toast Cereal, Orange , 1% milk/choc milk	Cocoa Puffs Cereal, Apple , 1% milk/choc milk	Apple Cinnamonon Cheerios Cereal, Clementine , and 1% milk/choc milk	Honey Cheerios Cereal, Banana , 1% milk/choc milk***	Chocolate Chip Muffin, Apple , 1% milk/choc milk***
7	8	9	10	11
Blueberry Chex Cereal, Orange , 1% milk/choc milk***	Apple Cinnamonon Cheerios Cereal Apple , 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin, Banana , 1% milk/choc milk***	Cinnamonon Toast Cereal, Apple , 1% milk/choc milk***
14	15	16	17	18
Cinnamonon Toast Cereal, Orange , 1% milk/choc milk***	Chocolate Chip Muffin, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Cinnamonon Toast Cereal, Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
21	22	23	24	25
Cocoa Puffs Cereal, Orange , 1% milk/choc milk***	Blueberry Chex Cereal, Apple , 1% milk/choc milk***	Pop Tart, Strawberry Frosted, 1 Mozzarella Stick, Clementine , 1% milk/choc milk***	Cocoa Puffs Cereal, Banana , 1% milk/choc milk***	Cinnamonon Toast Cereal, Apple , 1% milk/choc milk***
28	29	30	MAY 1	MAY 2
Apple Cinnamonon Cheerios Cereal, Orange , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***

***Pre-K kids can only have 1% Milk according to DESE regulations.

HOT BREAKFAST



APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
French Toast Sticks w/ Maple Syrup, Orange, 1% milk/choc milk	Whole Wheat Confetti Pancake, Apple, 1% milk/choc milk	Breakfast Combo, (Whole Wheat Tortilla) (DF) Clementine, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Banana, 1% milk/choc milk***	Cheese Omelet w/ Salsa (Whole Wheat Bread) Apple, 1% milk/choc milk***
7	8	9	10	11
Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Clementine, 1% milk/choc milk***	Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
14	15	16	17	18
Whole Wheat Bagel w/ Cream Cheese Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stackers (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk***
21	22	23	24	25
Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	Vegetable Frittata (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Apple, 1% milk/choc milk***
28	29	30	MAY 1	MAY 2
Whole Wheat Confetti Pancake Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Banana, 1% milk/choc milk***	Breakfast Combo, (Whole Wheat Bread) (DF) Apple, 1% milk/choc milk

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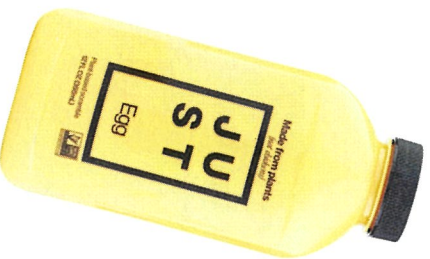
DAIRY-FREE EGG-FREE BREAKFAST

APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31, & APRIL 14, 28	APRIL 1, 15, 29	APRIL 2, 16, 30	APRIL 3, 17, & MAY 1	APRIL 4, 18, & MAY 2
Whole Wheat Bagel with Jelly (Assorted Flavors), Orange, Dairy//Lactose-Free Milk	Egg** Burrito with Salsa (Whole Wheat), Apple, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Clementine, Dairy//Lactose-Free Milk	Turkey Sausage in a Whole Wheat Bagel Sandwich, Banana, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy//Lactose-Free Milk
APRIL 7, 21	APRIL 8, 22	APRIL 9, 23	APRIL 10, 24	APRIL 11, 25
Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, (DF), Orange, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy//Lactose-Free Milk	Hash Brown, Scrambled Eggs** w/ Turkey, (DF) Clementine, Dairy//Lactose-Free Milk	Dairy-Free Cereal, Banana, Dairy//Lactose-Free Milk	Egg** in a Whole Wheat Bagel Sandwich, Apple, Dairy//Lactose-Free Milk
Dairy-Free Cereal Options to be sent are:				

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex

**Plant Based Egg Substitute, Ingredients will be listed on the daily menus.





Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
Lunch Box Salad: Turkey & Cheese Cubes,, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing Apple & 2nd Fruit , 1% milk/choc milk	BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk****	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit , 1% milk/choc milk****	Chicken Chipotle Wrap: Chicken, Lettuce, Garden salad W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1% milk/choc milk****
7	8	9	10	11
Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk****	DEll Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit , 1% milk/choc milk****.	Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, Sesame Asian dressing Orange & 2nd Fruit 1% milk/choc milk****	Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk****	Lunch box Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk****
14	15	16	17	18
Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk****	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit , 1% milk/choc milk****.	Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk****	Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk****	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk****
21	22	23	24	25
Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk****	Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk****	Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots & Pineapple, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk****	Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit , 1% milk/choc milk****	Sweet & Sour Turkey Dell Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk****
28	29	30	MAY 1	MAY 2
DEll Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk****	Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk****	Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk****	Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit 1% milk/choc milk****	Avocado Toast Sandwich w/ Turkey, & Garden Salad. Banana & 2nd Fruit 1% milk/choc milk****

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Hot Lunch Menu

APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
Mini Chicken Corn Dog, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken, Enriched White Rice & Quinoa, Carrots & Corn. Orange & 2nd Fruit 1% milk/choc milk****	Teriyaki Chicken, Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk****	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk****
7	8	9	10	11
Jerk Chicken, Jollof enriched rice, Green Beans Apple & 2nd Fruit 1% milk/choc milk****	Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk****	Meatballs Madness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit 1% milk/choc milk****	Dominican Chicken, Pigeon Enriched Rice, Plantains Apple & 2nd Fruit 1% milk/choc milk****	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk****
14	15	16	17	18
Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ketchup) Apple & 2nd Fruit 1% milk/choc milk****	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, Clementine & 2nd Fruit 1% milk/choc milk****	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Orange & 2nd Fruit 1% milk/choc milk****	Beef Bolognese Lasagna, & Broccoli Apple & 2nd Fruit 1% milk/choc milk****	Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, Carrots, (Ketchup) Banana & 2nd Fruit 1% milk/choc milk****
21	22	23	24	25
Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk****	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk****	Cheese Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk****	Dominican Chicken, Pigeon Enriched Rice, Plantains Apple & 2nd Fruit 1% milk/choc milk****	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk****
28	29	30	MAY 1	MAY 2
Chicken Corn Dog, Mashed Potatoes, & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk****	Korean Bowl: Ground beef, Enriched White Rice & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk****	Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk****	Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit , 1% milk/choc milk****	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk****

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Dairy Free Menu



APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
Vegan Nuggets, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit Dairy//Lactose-Free Milk	Burger Day!!! Beef Patty, Vegan Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit Dairy//Lactose-Free Milk	Peruvian Chicken, Enriched White Rice & Quinoa, Carrot & Corn. Orange & 2nd Fruit Dairy//Lactose-Free Milk	Teriyaki Chicken, Enriched White Rice, Broccoli Apple & 2nd Fruit Dairy//Lactose-Free Milk	Pizza day!!! Dairy//Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit Dairy//Lactose-Free Milk
7	8	9	10	11
Jerk Chicken, Jollof Enriched Rice, Green Bean Apple & 2nd Fruit Dairy//Lactose-Free Milk	Chicken Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit Dairy//Lactose-Free Milk	Meatballs Medness W.W. Penne Pasta, Broccoli. Orange & 2nd Fruit Dairy//Lactose-Free Milk	Dominican Chicken, Pigeon Enriched Rice Plantains Apple & 2nd Fruit 1% milk/ choc milk***	Pizza day!!! Dairy//Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy//Lactose-Free Milk
14	15	16	17	18
Breakfast For Lunch!!! WW Bagel, Tater Tots, Sausage & Carrots (Maple Syrup/Ketchup) Apple & 2nd Fruit Dairy//Lactose-Free Milk	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, Clementine & 2nd Fruit Dairy//Lactose-Free Milk	Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans. Orange & 2nd Fruit Dairy//Lactose-Free Milk	Beef Bolognese lasagna, Broccoli Apple & 2nd Fruit Dairy//Lactose-Free Milk	Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, Carrots, (Ketchup) Banana & 2nd Fruit Dairy//Lactose-Free Milk
21	22	23	24	25
Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, (Ketchup) Apple & 2nd Fruit , Dairy//Lactose-Free Milk	Honey Sriracha Turkey Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit Dairy//Lactose-Free Milk	Dairy//Lactose Free Cheese Burger, W.W. Bun, Mix Veggies, Orange & 2nd Fruit Dairy//Lactose-Free Milk	Dominican Chicken, Pigeon Enriched Rice Plantains Apple & 2nd Fruit Dairy//Lactose-Free Milk	Pizza day!!! Dairy//Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy//Lactose-Free Milk
28	29	30	MAY 1	MAY 2
Chicken Nuggets, Mashed Potatoes, Carrots (Ketchup) Apple & 2nd Fruit Dairy//Lactose-Free Milk	Korean Bowl, Ground Beef, Enriched White Rice & Broccoli Clementine & 2nd Fruit , Dairy//Lactose-Free Milk	Southwest bowl Mexican Fujita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour cream) Orange & 2nd Fruit Dairy//Lactose-Free Milk	Chicken Marinara Enriched Pasta, Broccoli Apple & 2nd Fruit , Dairy//Lactose-Free Milk	Pizza day!!! Dairy//Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy//Lactose-Free Milk



Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 31	1	2	3	4
Vegan Nuggets, Mashed Potatoes & Roasted Carrots & W.W. Dinner Roll, Apple & 2nd Fruit 1% milk/choc milk	Veggie Burger, American Cheese, Mixed Veggies, W.W. Bun, Clementine & 2nd Fruit 1% milk/choc milk.	Beans Stew White Rice & Quinoa, Carrot & Corn, Orange & 2nd Fruit 1% milk/choc milk***	Teriyaki Tofu Enriched White Rice, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***
7	8	9	10	11
Jerk Tofu, Jollof Enriched Rice, & Green Beans Apple & 2nd Fruit 1% milk/choc milk***	Vegan Nuggets, Mashed Potatoes, W.W Dinner Roll, Carrots (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk***	Vegan Meatballs Medness, W.W. Penne Pasta, & Broccoli. Orange & 2nd Fruit 1% milk/choc milk***	Vegan Nuggets, Pigeon Enriched Rice & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
14	15	16	17	18
Breakfast For Lunch!!! Pancakes, Tater Tots, Cheese Stick & Carrots (Maple Syrup/Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	Vegan Beef Tacco, Cilantro Lime Brown Rice, & Mixed Veggies, Clementine & 2nd Fruit 1% milk/choc milk***	Cheese Stick Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), green beans . Orange & 2nd Fruit 1% milk/choc milk***	Vegan Beef Bolognese Lasagna & Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Vegan-Hot Dog Day!!!! W.W. Sub, Potato Tots, Carrots, (Ketchup) Banana & 2nd Fruit 1% milk/choc milk***
21	22	23	24	25
Vegan Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas. (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk***	Honey Sriracha Vegan Balls, Enriched Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk***	Veggie Burger, W.W. Bun, Mix Veggies Orange & 2nd Fruit 1% milk/choc milk***	Vegan Nuggets, Pigeon Enriched Rice & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***
28	29	30	MAY 1	MAY 2
Vegan Meatballs Mashed Potatoes w/ Gravy Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	Korean Bowl Vegan Ground Beef, Enriched White Rice, & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk***	Southwest Bowl: Mexican Fajita Tofu, Enriched White Rice, Black beans & Corn Salsa (Sour cream) Orange & 2nd Fruit 1% milk/choc milk***	Vegan Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit , 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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Please Make Sure that the Replacement is the Same Lunch Type

Hot Lunch Option 1

Beef Meatballs on a
Whole Wheat Sub,
& Corn/Broccoli,
Fresh Fruit
1% Milk/Choc Milk****

Hot Lunch Option 2

Chicken Nuggets,
Enriched White Rice,
Roasted carrots
Fresh Fruit
1% Milk/Choc Milk****

Cold Lunch Option 1

Cold Lunch:
Turkey Sandwich,
Cheddar Cheese, on Whole
Wheat Bread &
Garden Salad.
Fresh Fruit
1% Milk/Choc Milk****

Cold Lunch Option 2

Vegetarian Option:
Sunflower Butter and Jelly
Sandwich, Chickpeas,
& Salad
Fresh Fruit
1% Milk/Choc Milk****

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In order to meet nutrition regulations and requirements set by DESE, we're now limiting the number of meals substituted up to 2 times per week.

How to implement these options into your menu?

- If there's a meal on a certain day that the kids do not find very appetizing feel free to enter which option meal you'd like to replace it with under the Special Requests Section!
- The fruit sent will be assigned depending on the day you decide when to implement a substitute meal from the options above!
- These meal substitutes can be used to replace meals from the Hot Lunch Menu only and do not apply for meals from the Breakfasts Menus or Cold/Vegetarian/Dairy-Free Menus.
- Meal options cannot be mixed, one meal substitute per day.
- Fresh Fruit = FRUIT OF THE DAY

Any further questions please feel free to reach out and let me know!