

Cold Breakfast



JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Whole Wheat Bagel w/ Cream Cheese, Orange, 1% milk/choc milk***</p>	<p>3 Cheerios Cereal, Apple, 1% milk/choc milk***</p>	<p>4 Blueberry Chex Cereal, Clementine, 1% milk/choc milk***</p>	<p>5 Blueberry Muffin (Whole Wheat) Banana, 1% milk/choc milk***</p>	<p>6 Cocoa Puffs Cereal, Apple, 1% milk/choc milk***</p>
<p>9 Blueberry Chex Cereal, Orange, 1% milk/choc milk***</p>	<p>10 Whole Wheat Bagel w/ Cream Cheese Apple, 1% milk/choc milk***</p>	<p>11 Cocoa Puffs Cereal, Clementine, 1% milk/choc milk***</p>	<p>12 Blueberry Muffin, Banana, 1% milk/choc milk***</p>	<p>13 Cinnamon Toast Cereal, Apple, 1% milk/choc milk***</p>
<p>16 Cinnamon Toast Cereal, Orange, 1% milk/choc milk***</p>	<p>17 Chocolate Chip Muffin, Apple, 1% milk/choc milk***</p>	<p>18 Blueberry Chex Cereal, Clementine, 1% milk/choc milk***</p>	<p>19 Cheerios Cereal, Banana, 1% milk/choc milk***</p>	<p>20 Cocoa Puffs Cereal, Apple, 1% milk/choc milk***</p>
<p>23 Cocoa Puffs Cereal, Orange, 1% milk/choc milk***</p>	<p>24 Blueberry Chex Cereal, Apple, 1% milk/choc milk***</p>	<p>25 Whole Wheat Bagel w/ Cream Cheese, Clementine, 1% milk/choc milk***</p>	<p>26 Cheerios Cereal, Banana, 1% milk/choc milk***</p>	<p>27 Cinnamon Toast Cereal, Apple, 1% milk/choc milk***</p>
<p>30 Whole Wheat Bagel w/ Cream Cheese, Orange, 1% milk/choc milk***</p>				

***Pre-K kids can only have 1% Milk according to DESE regulations.

HOT BREAKFAST



JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>English Muffin w/ Turkey Sausage, & Cheese. <i>Orange,</i> 1% milk/choc milk***</p>	<p>3</p> <p>Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***</p>	<p>4</p> <p>French Toast Sticks w/ Maple Syrup <i>Clementine,</i> 1% milk/choc milk***</p>	<p>5</p> <p>Ground Beef Hash Brown Stacker <i>(Age Group: Ages 6-18)</i> <i>Scrambled,</i> 1% milk/choc milk***</p>	<p>6</p> <p>Breakfast Combo, (Whole Wheat Bread) (DF) Apple, 1% milk/choc milk</p>
<p>9</p> <p>Pancakes (Whole Wheat) w/ Maple Syrup, <i>Orange,</i> 1% milk/choc milk***</p>	<p>10</p> <p>French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***</p>	<p>11</p> <p>Breakfast Burrito: Egg & Turkey Deli <i>Clementine,</i> 1% milk/choc milk***</p>	<p>12</p> <p>Breakfast Turkey Pizza <i>(Age Group: Ages 6-18)</i> <i>Pepperoni,</i> 1% milk/choc milk***</p>	<p>13</p> <p>Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***</p>
<p>16</p> <p>Vegetable Frittata <i>(Age Group: Ages 6-18)</i> <i>Orange,</i> 1% milk/choc milk***</p>	<p>17</p> <p>French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***</p>	<p>18</p> <p>Egg & Cheese Croissant Sandwich, <i>Clementine,</i> 1% milk/choc milk***</p>	<p>19</p> <p>Ground Beef Hash Brown Stacker <i>(Age Group: Ages 6-18)</i> <i>Scrambled,</i> 1% milk/choc milk***</p>	<p>20</p> <p>Breakfast Burrito: Egg & Turkey Deli Apple, 1% milk/choc milk***</p>
<p>23</p> <p>Pancakes (Whole Wheat) w/ Maple Syrup <i>Orange,</i> 1% milk/choc milk***</p>	<p>24</p> <p>Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***</p>	<p>25</p> <p>English Muffin w/ Turkey Sausage, & Cheese. <i>Clementine,</i> 1% milk/choc milk***</p>	<p>26</p> <p>Vegetable Frittata <i>(Age Group: Ages 6-18)</i> <i>Pepperoni,</i> 1% milk/choc milk***</p>	<p>27</p> <p>Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***</p>
<p>30</p> <p>English Muffin w/ Turkey Sausage, & Cheese. <i>Orange,</i> 1% milk/choc milk***</p>				

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Cold Lunch



JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>DEI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>3</p> <p>Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing <i>(Applesauce & 2nd Fruit)</i> 1% milk/choc milk***</p>	<p>4</p> <p>Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk***</p>	<p>5</p> <p>Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>6</p> <p>Avocado Toast Sandwich w/ Turkey, & Garden Salad. 1% milk/choc milk***</p>
<p>9</p> <p>Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>10</p> <p>DEI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo <i>(Applesauce & 2nd Fruit)</i> 1% milk/choc milk***.</p>	<p>11</p> <p>Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, W.W. Dinner Roll, Asian dressing Orange & 2nd Fruit 1% milk/choc milk***</p>	<p>12</p> <p>Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>13</p> <p>Lunch box WW Dinner Roll, Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing 1% milk/choc milk***</p>
<p>16</p> <p>Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>17</p> <p>Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. <i>(Applesauce & 2nd Fruit)</i> 1% milk/choc milk***.</p>	<p>18</p> <p>Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***</p>	<p>19</p> <p>Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>20</p> <p>Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing 1% milk/choc milk***</p>
<p>23</p> <p>Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, W.W. Dinner Roll, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>24</p> <p>Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, W.W. Dinner Roll & French Dressing, <i>(Applesauce & 2nd Fruit)</i> 1% milk/choc milk***</p>	<p>25</p> <p>Sunflower Butter & Jelly Sandwich, W.W. Bread, Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***</p>	<p>26</p> <p>Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit, 1% milk/choc milk***</p>	<p>27</p> <p>Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw 1% milk/choc milk***</p>
<p>30</p> <p>DEI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***</p>				

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Hot Lunch Menu



JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken Corn Dog, Mashed Potatoes, & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***</p>	<p>3</p> <p>Korean Bowl: Ground beef, Enriched White Rice & Broccoli Clementine & 2nd Fruit, 1% milk/choc milk***</p>	<p>4</p> <p>Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk***</p>	<p>5</p> <p>Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit, 1% milk/choc milk***</p>	<p>6</p> <p>Pizza day!!! & Mixed Veggies,</p>
<p>9</p> <p>Chicken Nuggets, w/ Mashed Potatoes, WW Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk</p>	<p>10</p> <p>Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>11</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk</p>	<p>12</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>13</p> <p>Pizza day!!! & Mixed Veggies, Cheesy Green Peas, 1% milk/choc milk</p>
<p>16</p> <p>Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit 1% milk/choc milk</p>	<p>17</p> <p>Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>18</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Orange & 2nd Fruit 1% milk/choc milk</p>	<p>19</p> <p>Teriyaki Chicken, Enriched White Rice & Broccoli Apple & 2nd Fruit 1% milk/choc milk</p>	<p>20</p> <p>Beef Totchos (Tater Tots Nachos), W.W. Bread & Cheesy Green Peas, 1% milk/choc milk</p>
<p>23</p> <p>Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit, 1% milk/choc milk</p>	<p>24</p> <p>Summer Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk</p>	<p>25</p> <p>Turkey Fajitas Quesadilla, W.W. Tortilla, & Corn, Orange & 2nd Fruit 1% milk/choc milk</p>	<p>26</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk</p>	<p>27</p> <p>Pizza day!!! & Mixed Veggies, Cheesy Green Peas, 1% milk/choc milk</p>
<p>30</p> <p>Chicken Corn Dog, Mashed Potatoes, & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***</p>				

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DAIRY-FREE EGG-FREE BREAKFAST

JUNE 2025

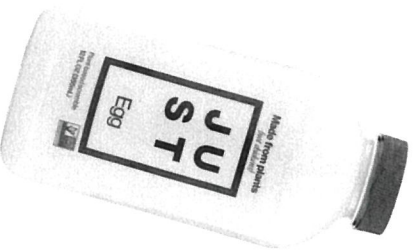
Monday	Tuesday	Wednesday	Thursday	Friday
9 & 23	10 & 24	11 & 25	12 & 26	13 & 27
Whole Wheat Bagel with Jelly (Assorted Flavors), Orange, Dairy/Lactose-Free Milk	Egg** Burrito with Salsa (Whole Wheat), Apple, Dairy/Lactose-Free Milk	Dairy-Free Cereal, Clementine, Dairy/Lactose-Free Milk	Turkey Sausage in a Whole Wheat Bagel Sandwich, Banana, Dairy/Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy/Lactose-Free Milk
2 & 16 & 30	3 & 17	4 & 18	5 & 19	6 & 20
Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, (DF), Orange, Dairy/Lactose-Free Milk	Dairy-Free Cereal, Apple, Dairy/Lactose-Free Milk	Hash Brown, Scrambled Eggs** w/ Turkey, (DF) Clementine, Dairy/Lactose-Free Milk	Dairy-Free Cereal, Banana, Dairy/Lactose-Free Milk	Egg** in a Whole Wheat Bagel Sandwich, Apple, Dairy/Lactose-Free Milk

Dairy-Free Cereal Options to be sent are:

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex



**Plant Based Egg Substitute, Ingredients will be listed on the daily menus.



Dairy Free Menu



APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken Nuggets, Mashed Potatoes, Carrots (Ketchup) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>3</p> <p>Korean Bowl, Ground Beef, Enriched White Rice & Broccoli Clementine & 2nd Fruit, Dairy/Lactose-Free Milk</p>	<p>4</p> <p>Southwest bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour cream) Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>5</p> <p>Chicken Marinara Enriched Pasta, Broccoli Apple & 2nd Fruit, Dairy/Lactose-Free Milk</p>	<p>6</p> <p>Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Dairy/Lactose-Free Milk</p>
<p>9</p> <p>Chicken Nuggets, w/ Mashed Potatoes, W.W. Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>10</p> <p>Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>11</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>12</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>13</p> <p>Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Dairy/Lactose-Free Milk</p>
<p>16</p> <p>Breakfast For Lunch!!! W.W. Bagel, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>17</p> <p>Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>18</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>19</p> <p>Teriyaki Chicken, Enriched White Rice & Broccoli Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>20</p> <p>Beef Totchos (Tater Tots Nachos), W.W. Bread, Vegan Cheesy Green Peas, Dairy/Lactose-Free Milk</p>
<p>23</p> <p>Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit, Dairy/Lactose-Free Milk</p>	<p>24</p> <p>Summer Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>25</p> <p>Turkey Fajitas Quesadilla, (Vegan Cheese) W.W. Tortilla, & Corn, Orange & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>26</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>	<p>27</p> <p>Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Dairy/Lactose-Free Milk</p>
<p>30</p> <p>Chicken Nuggets, Mashed Potatoes, Carrots (Ketchup) Apple & 2nd Fruit Dairy/Lactose-Free Milk</p>				

VEGETARIAN MENU



JUNE 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 Vegan Meatballs Mashed Potatoes w/ Gravy Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	3 Korean Bowl Vegan Ground Beef, Enriched White Rice, & Broccoli Clementine & 2nd Fruit, 1% milk/choc milk***	4 Southwest Bowl: Mexican Fajita Tofu, Enriched White Rice, Black beans & Corn Salsa (Sour cream) Orange & 2nd Fruit 1% milk/choc milk***	5 Vegan Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit, 1% milk/choc milk***	6 Pizza day!!! Pizza Dough, Vegan Cheese, & Mixed Veggies, Mashed Potatoes w/ Gravy, Carrots (Ketchup), Apple & 2nd Fruit, 1% milk/choc milk***
9 Veggie Chicken Nuggets, Mashed Potatoes, W.W. Dinner Roll & Carrots, Apple & 2nd Fruit, 1% milk/choc milk***	10 W.W. Penne Pasta w/ Plant Base Meatball, Broccoli, Marinara Sauce, Clementine & 2nd Fruit 1% milk/choc milk***	11 Boiled Egg in Tomato Sauce, Brazilian Enriched Rice, Peas, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk***	12 Baked Cheese Stick, Enriched Seasoning Rice, Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	13 Pizza Day!!! Pizza Dough, Vegan Cheese, Mixed Veggies, Mashed Potatoes w/ Gravy, Carrots (Ketchup), Apple & 2nd Fruit, 1% milk/choc milk***
16 Breakfast For Lunch!!! Pancakes w/ a Cheese Stick, Apple & 2nd Fruit 1% milk/choc milk***	17 Barbacoa Plant-Based Meatball, Cilantro lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk***	18 Brazilian Grilled Tofu, Brazilian Enriched White Rice, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans, Orange & 2nd Fruit 1% milk/choc milk***	19 Teriyaki Vegan Chicken, Enriched White Rice, Broccoli, Apple & 2nd Fruit 1% milk/choc milk***	20 Vegan Beef Totchos (Tater Tots Nachos) W.W. Dinner Roll, Green Pea. Clementine & 2nd Fruit, 1% milk/choc milk***
23 Hot Dog Day!!!! Vegan Sausage, W.W. Sub, Tater Tots, & Carrots, Apple & 2nd Fruit 1% milk/choc milk***	24 Boiled Hard Egg in Tomato Sauce, Enriched W.W. Pasta, Broccoli Clementine & 2nd Fruit 1% milk/choc milk***	25 Refried Beans & Cheese Quesadilla, W.W. Tortilla, Corn, Orange & 2nd Fruit 1% milk/choc milk***	26 Baked Cheese Stick, Enriched Seasoning Rice, Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	27 Pizza Day!!! Pizza Dough, Vegan Cheese, Mixed Veggies, Mashed Potatoes w/ Gravy, Carrots (Ketchup), Apple & 2nd Fruit, 1% milk/choc milk***
30 Vegan Meatballs Mashed Potatoes w/ Gravy Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***				

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Cold & Hot Gluten Free Lunch Menu

JUNE2025



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>DEI Turkey Sandwich, <u>Gluten Free Bread</u>, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>3</p> <p>Korean Bowl: Ground beef, Enriched White Rice & Broccoli Clementine & 2nd Fruit, 1% milk/choc milk****</p>	<p>4</p> <p>Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>5</p> <p>Chicken Chipotle Wrap: Chicken, Lettuce, <u>Gluten Free Tortilla</u>, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit, 1% milk/choc milk****</p>	<p>6</p> <p>Avocado Toast Sandwich (<u>Gluten Free</u>) w/ Turkey, & Garden Salad. 1% milk/choc milk****</p>
<p>9</p> <p>Chicken Nuggets, w/ Mashed Potatoes, <u>Gluten Free Dinner Roll</u> & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>10</p> <p>DEI Turkey Sandwich, <u>Gluten Free Bread</u>, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit 1% milk/choc milk****</p>	<p>11</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>12</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>13</p> <p>Lunch box Gluten Free Dinner Roll, Cheese, Turkey, Carrot, Cucumber, Pineapple, Ranch Dressing 1% milk/choc milk****</p>
<p>16</p> <p>Turkey Cuban Sandwich, <u>Gluten Free Bread</u>, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>17</p> <p>Barbacoa Beef Taco, Cilantro Lime Brown Rice, Mixed Veggies, Clementine & 2nd Fruit 1% milk/choc milk****</p>	<p>18</p> <p>Brazilian Grilled Chicken, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>19</p> <p>Teriyaki Chicken, Enriched White Rice & Broccoli Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>20</p> <p>Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, <u>Gluten Free Tortilla</u>, & Ranch Dressing 1% milk/choc milk****</p>
<p>23</p> <p>Hot Dog Day!!!! Beef Sausage, <u>Gluten Free Sub</u>, Potato Tots, & Roasted Carrots, Apple & 2nd Fruit, 1% milk/choc milk****</p>	<p>24</p> <p>Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, <u>Gluten Free Dinner Roll</u> & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk****</p>	<p>25</p> <p>Sunflower Butter & Jelly Sandwich, <u>Gluten Free Bread</u>, Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk****</p>	<p>26</p> <p>Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk****</p>	<p>27</p> <p>Sweet & Sour Turkey Deli Wrap On a <u>Gluten Free Tortilla</u>, & Cabbage Slaw 1% milk/choc milk****</p>
<p>30</p> <p>DEI Turkey Sandwich, <u>Gluten Free Bread</u>, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk****</p>				

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SPECIAL REQUESTS MENU



JUNE2025

Please Make Sure that the Replacement is the Same Lunch Type

Hot Lunch Option 1

Beef Meatballs on a
Whole Wheat Sub,
& Corn/Broccoli,
Fresh Fruit
1% Milk/Choc Milk***

Hot Lunch Option 2

Chicken Nuggets,
Enriched White Rice,
Roasted carrots
Fresh Fruit
1% Milk/Choc Milk***

Cold Lunch Option 1

Cold Lunch:
Turkey Sandwich,
Cheddar Cheese, on Whole
Wheat Bread &
Garden Salad.
Fresh Fruit
1% Milk/Choc Milk***

Cold Lunch Option 2

Vegetarian Option:
Sunflower Butter and Jelly
Sandwich, Chickpeas,
& Salad
Fresh Fruit
1% Milk/Choc Milk***

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In order to meet nutrition regulations and requirements set by DESE,
we're limiting the number of meals substituted up to 2 times per week.

How to implement these options into your menu?

- If there's a meal on a certain day that the kids do not find very appetizing feel free to enter which option meal you'd like to replace it with under the Special Requests Section!
- The fruit sent will be assigned depending on the day you decide when to implement a substitute meal from the options above!
- These meal substitutes can be used to replace meals from the Hot Lunch Menu only and do not apply for meals from the Breakfasts Menus or Cold/Vegetarian/Dairy-Free Menus.
- Meal options cannot be mixed, one meal substitute per day.
- Fresh Fruit = FRUIT OF THE DAY

Any further questions please feel free to reach out and let me know!

NUTRITION INFORMATION

All our breakfasts meet the following requirements:

- Milk: 8 oz.
- Fruit or Vegetable: 1 cup/8 oz.
- Grain: 2 oz.

All our lunches meet the following requirements:

- Milk: 8 oz.
- Fruit: 1 cup/8 oz.
- Vegetables: 1 cup/8 oz.
- Grain: 2 oz.
- Protein: 2 oz.

None of our food products contain Peanuts, Tree Nuts, Fish, Shellfish, or Pork.

We provide a choice of 4 "standard" meals

- Hot breakfasts
- Cold breakfasts
- Hot lunches
- Cold lunches

We supply the following 4 Allergy Meals:

- Dairy-Free, Egg-Free breakfasts
- Vegetarian Lunches
- Dairy-Free Lunches
- Dairy-Free, Egg-Free Lunches

