

HOT BREAKFAST



SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Wheat Confetti Pancake Orange, 1% milk/choc milk***	2 Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	3 French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	4 Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	5 Breakfast Combo, (Whole Wheat Bread) (DF) Apple, 1% milk/choc milk
8 Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk***	9 French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	10 Breakfast Burrito: Egg & Turkey DELI Clementine, 1% milk/choc milk***	11 Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	12 Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
15 Vegetable Frittata (Age Group: Ages 6-18) Orange, 1% milk/choc milk***	16 French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	17 Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	18 Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	19 Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk***
22 Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	23 Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	24 English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	25 Vegetable Frittata (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	26 Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
29 English Muffin w/ Turkey Sausage, & Cheese. Orange, 1% milk/choc milk***	30 Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***			

***Pre-K kids can only have 1% Milk according to DESE regulations.

Cold Breakfast



SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	2 Cheerios Cereal, Apple , 1% milk/choc milk***	3 Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	4 Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	5 Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
8 Blueberry Chex Cereal, Orange , 1% milk/choc milk***	9 Whole Wheat Bagel w/ Cream Cheese Apple , 1% milk/choc milk***	10 Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	11 Blueberry Muffin, Banana , 1% milk/choc milk***	12 Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
15 Cinnamon Toast Cereal, Orange , 1% milk/choc milk***	16 Chocolate Chip Muffin, Apple , 1% milk/choc milk***	17 Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	18 Cheerios Cereal, Banana , 1% milk/choc milk***	19 Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
22 Cocoa Puffs Cereal, Orange , 1% milk/choc milk***	23 Blueberry Chex Cereal, Apple , 1% milk/choc milk***	24 Whole Wheat Bagel w/ Cream Cheese, Clementine , 1% milk/choc milk***	25 Cheerios Cereal, Banana , 1% milk/choc milk***	26 Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
29 Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	30 Cocoa Puffs Cereal, Apple , 1% milk/choc milk***			

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Hot Lunch Menu



SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 "Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	2 Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	3 Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit 1% milk/choc milk	4 Turkey Chili beans Baked Potato, Corn bread, Green Beans. Apple & 2nd Fruit 1% milk/choc milk	5 Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
8 Chicken Nuggets, w/ Mashed Potatoes, WW Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk	9 Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	10 Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk	11 Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	12 Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
15 Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit 1% milk/choc milk	16 Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk	17 BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk	18 Mac & Cheese, Broccoli Apple & 2nd Fruit 1% milk/choc milk	19 Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
22 Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk	23 Greek Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	24 Turkey Deli Quesadilla, W.W. Tortilla, & Corn, Orange & 2nd Fruit 1% milk/choc milk	25 Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	26 Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
29 Turkey Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit 1% milk/choc milk***	30 Beef Bolognese Pasta, & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk***			

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Cold Lunch



SEPTEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Lunch Box Salad 1: Turkey & Cheese Cubes, WW Dinner Roll, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing, Apple & 2nd Fruit , 1% milk/choc milk	BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	Chicken Sandwich, W.W. Bread, Cabbage, Carrots, Pineapple w/ Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit , 1% milk/choc milk	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1 % milk/choc milk
8	9	10	11	12
Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit , 1% milk/choc milk***.	Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, W.W. Dinner Roll, Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	Lunch Box Salad 2: WW Dinner Roll, Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
15	16	17	18	19
Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***	Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit , 1% milk/choc milk***.	Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
22	23	24	25	26
Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, W.W. Dinner Roll, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***	Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, W.W. Dinner Roll & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	Sunflower Butter & Jelly Sandwich, W.W. Bread, Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit , 1% milk/choc milk***	Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk***
29	30			
DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***	Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk***			

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