

HOT BREAKFAST



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
Whole Wheat Confetti Pancake Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Combo: Scrambled Eggs, Tater Tots, Sausage, Whole Wheat Bread Apple, 1% milk/choc milk
6	7	8	9	10
Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Clementine, 1% milk/choc milk***	Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
13	14	15	16	17
Vegetable Frittata (Age Group: Ages 6-18) Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk***
20	21	22	23	24
Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	Vegetable Frittata (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
27	28	29	30	31
English Muffin w/ Turkey Sausage, & Cheese. Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich Banana, 1% milk/choc milk***	Breakfast Combo: Scrambled Eggs, Tater Tots, Sausage, Whole Wheat Bread Apple, 1% milk/choc milk

***Pre-K kids can only have 1% Milk according to DESE regulations.

COLD BREAKFAST



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	Cheerios Cereal, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
6	7	8	9	10
Blueberry Chex Cereal, Orange , 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Apple , 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin, Banana , 1% milk/choc milk***	Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
13	14	15	16	17
Cinnamon Toast Cereal, Orange , 1% milk/choc milk***	Chocolate Chip Muffin, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Cheerios Cereal, Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
20	21	22	23	24
Cocoa Puffs Cereal, Orange , 1% milk/choc milk***	Blueberry Chex Cereal, Apple , 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese, Clementine , 1% milk/choc milk***	Cheerios Cereal, Banana , 1% milk/choc milk***	Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
27	28	29	30	31
Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	Cheerios Cereal, Apple , 1% milk/choc milk***

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HOT LUNCH



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
"Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit 1% milk/choc milk	Turkey Chili Beans Baked Potato, Corn bread, Green Beans Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
6	7	8	9	10
Chicken Nuggets, w/ Mashed Potatoes, WW Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk	Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
13	14	15	16	17
Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit 1% milk/choc milk	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk	BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk	Mac & Cheese, Broccoli Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
20	21	22	23	24
Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk	Greek Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	Turkey Deli Quesadilla, W.W. Tortilla, & Corn, Orange & 2nd Fruit 1% milk/choc milk	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
27	28	29	30	31
Turkey Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Beef Bolognese Pasta, & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk***	Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk***	Chicken Tetrzzini Enriched Pasta, Broccoli Apple & 2nd Fruit , 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29 Lunch Box Salad 1: Turkey & Cheese Cubes, WW Dinner Roll, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing, Apple & 2nd Fruit , 1% milk/choc milk	SEPT 30 BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	OCT 1 Chicken Sandwich, W.W. Bread, Cabbage, Carrots, Pineapple w/ Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk	OCT 2 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit , 1% milk/choc milk	OCT 3 Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1 % milk/choc milk
6 Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	7 DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit , 1% milk/choc milk***.	8 Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, W.W. Dinner Roll, Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	9 Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	10 Lunch Box Salad 2: WW Dinner Roll, Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
13 Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***	14 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit , 1% milk/choc milk***.	15 Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	16 Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk***	17 Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
20 Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, W.W. Dinner Roll, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***	21 Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, W.W. Dinner Roll & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	22 Sunflower Butter & Jelly Sandwich, W.W. Bread, Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	23 Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit , 1% milk/choc milk***	24 Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk***
27 DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***	28 Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk***	29 Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk***	30 Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit 1% milk/choc milk***	31 Avocado Toast Sandwich w/ Turkey, & Garden Salad. Banana & 2nd Fruit 1% milk/choc milk***

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VEGETARIAN LUNCH



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
Vegan "Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Veggie Burger, American Cheese, Mixed Veggies, W.W. Bun, Clementine & 2nd Fruit 1% milk/choc milk.	Black Beans, Enriched Carrot Quinoa Rice, & Corn, Orange & 2nd Fruit 1% milk/choc milk.	Chili Beans Baked Potato, Corn Bread, Green Beans. Apple & 2nd Fruit 1% milk/choc milk***	Pizza day!!! Pita dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***
6	7	8	9	10
Veggie Chicken Nuggets, Mashed Potatoes, W.W. Dinner Roll & Carrots, Apple & 2nd Fruit , 1% milk/choc milk***	W.W Penne Pasta w/ Plant Base Meatball, Broccoli, Marinara Sauce, Clementine & 2nd Fruit 1% milk/choc milk***	Boiled Egg in Tomato Sauce, Brazilian Enriched Rice, Peas, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk***	Baked Cheese Stick, Enriched Seasoning Rice, Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	Pizza Day!!! Pita Dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***.
13	14	15	16	17
Breakfast For Lunch!!! Pancakes w/ a Cheese Stick, Apple & 2nd Fruit 1% milk/choc milk***	Barbacoa Plant-Based Meatball, Cilantro lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk***.	Brazilian Grilled Tofu, Brazilian Enriched White Rice, (Pea, Corn, Carrots, Raisins), Green Beans, Orange & 2nd Fruit 1% milk/choc milk***	Vegan Mac & Cheese, Broccoli Apple & 2nd Fruit 1% milk/choc milk***	Pizza Day!!! Pita Dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***.
20	21	22	23	24
Hot Dog Day!!!! Vegan Sausage, W.W. Sub, Tater Tots, & Carrots, Apple & 2nd Fruit 1% milk/choc milk***	Boiled Hard Egg in Tomato Sauce, Enriched W.W. Pasta, Broccoli Clementine & 2nd Fruit 1% milk/choc milk***	Refried Beans & Cheese Quesadilla, W.W. Tortilla & Corn Orange & 2nd Fruit 1% milk/choc milk***	Baked Cheese Stick, Enriched Seasoning Rice, Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	Pizza Day!!! Pita Dough, Vegan Cheese, Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk***.
27	28	29	30	31
Vegan Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Vegan Beef Bolognese Pasta & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk***	Southwest Bowl: Mexican Fajita Tofu, Enriched White Rice, Black beans & Corn Salsa (Sour cream) Orange & 2nd Fruit 1% milk/choc milk***	Vegan Chicken Tetrazzini Enriched Pasta, Broccoli Apple & 2nd Fruit , 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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DAIRY-FREE EGG-FREE BREAKFAST

OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29, & OCT 13, 27 Whole Wheat Bagel with Jelly (Assorted Flavors!), Orange, Dairy/Lactose-Free Milk	SEPT 30 & OCT 14, 28 Egg** Burrito with Salsa (Whole Wheat), Apple, Dairy/Lactose-Free Milk	OCT 1, 15, 29 Dairy-Free Cereal, Clementine, Dairy/Lactose-Free Milk	OCT 2, 16, 30 Turkey Sausage in a Whole Wheat Bagel Sandwich, Banana, Dairy/Lactose-Free Milk	OCT 3, 17, 31 Dairy-Free Cereal, Apple, Dairy/Lactose-Free Milk
OCT 6, 20 Breakfast Burrito (Whole Wheat Tortilla) w/ Turkey Sausage, Orange, Dairy/Lactose-Free Milk	OCT 7, 21 Dairy-Free Cereal, Apple, Dairy/Lactose-Free Milk	OCT 8, 22 Hash Brown, Scrambled Eggs** w/ Turkey, (DF) Clementine, Dairy/Lactose-Free Milk	OCT 9, 23 Dairy-Free Cereal, Banana, Dairy/Lactose-Free Milk	OCT 10, 24 Egg** in a Whole Wheat Bagel Sandwich, Apple, Dairy/Lactose-Free Milk

Dairy-Free Cereal Options to be sent are:

- Cinnamon Toast
- Cocoa Puffs
- Cheerios (Variety of Flavors)
- Blueberry Chex

**Plant Based Egg Substitute, Ingredients will be listed on the daily menus.



DAIRY FREE LUNCH



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29 "Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit Dairy/Lactose-Free Milk	SEPT 30 Burger Day!!! Beef Patty, Vegan Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit Dairy/Lactose-Free Milk	OCT 1 Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit Dairy/Lactose-Free Milk	OCT 2 Turkey Chili Beans Baked Potato, Corn bread, Green Beans Apple & 2nd Fruit Dairy/Lactose-Free Milk	OCT 3 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit Dairy/Lactose-Free Milk
6 Chicken Nuggets, w/ Mashed Potatoes, W.W. Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit Dairy/Lactose-Free Milk	7 Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk	8 Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit Dairy/Lactose-Free Milk	9 Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit Dairy/Lactose-Free Milk	10 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy/Lactose-Free Milk
13 Breakfast For Lunch!!! W.W. Bagel, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit Dairy/Lactose-Free Milk	14 Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit Dairy/Lactose-Free Milk	15 BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit Dairy/Lactose-Free Milk	16 Dairy/Lactose Free Mac & Cheese, Broccoli Apple & 2nd Fruit Dairy/Lactose-Free Milk	17 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies,, Banana & 2nd Fruit , Dairy/Lactose-Free Milk
20 Hot Dog Day!!!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit , Dairy/Lactose-Free Milk	21 Greek Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit Dairy/Lactose-Free Milk	22 Turkey Deli Quesadilla, (Vegan Cheese) W.W. Tortilla, & Corn, Orange & 2nd Fruit Dairy/Lactose-Free Milk	23 Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit Dairy/Lactose-Free Milk	24 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy/Lactose-Free Milk
27 Turkey Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit Dairy/Lactose-Free Milk	28 Beef Bolognese Pasta (Dairy Free Cheese), Broccoli Clementine & 2nd Fruit , Dairy/Lactose-Free Milk	29 Southwest bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour cream) Orange & 2nd Fruit Dairy/Lactose-Free Milk	30 Chicken Marinara Enriched Pasta, Broccoli Apple & 2nd Fruit , Dairy/Lactose-Free Milk	31 Pizza day!!! Dairy/Lactose Free Cheese, & Mixed Veggies, Banana & 2nd Fruit , Dairy/Lactose-Free Milk

Cold & Hot Gluten Free Lunch

OCTOBER 2025 

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
"Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, Gluten Free Bread , Mix Veggies (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit 1% milk/choc milk	Turkey Chili Beans Baked Potato, Gluten Free Bread , Green Beans. Apple & 2nd Fruit 1% milk/choc milk	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, Gluten Free Tortilla , & Ranch Dressing, Banana & 2nd Fruit 1% milk/choc milk
6	7	8	9	10
Chicken Nuggets, w/ Mashed Potatoes, Gluten Free Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk***	DELI Turkey Sandwich, Gluten Free Bread , American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit 1% milk/choc milk***	Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk***	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	Lunch Box Salad 2: Gluten Free Dinner Roll , Cheese, Turkey, Carrot, Cucumber, Pineapple, Ranch Dressing Banana & 2nd Fruit , 1% milk/choc milk***
13	14	15	16	17
Turkey Cuban Sandwich, Gluten Free Bread , Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk***	BBQ Grilled Chicken, Mashed Sweet Potato & Corn, Gluten Free Dinner Roll , Orange & 2nd Fruit 1% milk/choc milk***	Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, Gluten Free Bread , & 1000 Island Dressing Apple & 2nd Fruit 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, Gluten Free Tortilla , & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
20	21	22	23	24
Hot Dog Day!!!! Beef Sausage, Gluten Free Sub , Potato Tots, & Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk***	Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, Gluten Free Dinner Roll & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	Sunflower Butter & Jelly Sandwich, Gluten Free Bread , Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk***	Sweet & Sour Turkey Deli Wrap On a Gluten Free Tortilla , & Cabbage Slaw Banana & 2nd Fruit , 1% milk/choc milk***
27	28	29	30	31
Turkey Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Smoke-Grilled BBQ Chicken Sandwich, Gluten Free Bun , Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit , 1% milk/choc milk***	Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk***	Chicken Chipotle Wrap: Chicken, Lettuce, Gluten Free Tortilla , Baby Carrot, & Ranch Dressing Apple & 2nd Fruit , 1% milk/choc milk***	Avocado Toast Sandwich (Gluten Free Bread) w/ Turkey, & Garden Salad. Banana & 2nd Fruit , 1% milk/choc milk***

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