

HOT BREAKFAST



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
Whole Wheat Confetti Pancake Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Combo: Scrambled Eggs, Tater Tots, Sausage, Whole Wheat Bread Apple, 1% milk/choc milk
6	7	8	9	10
Pancakes (Whole Wheat) w/ Maple Syrup, Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Clementine, 1% milk/choc milk***	Breakfast Turkey Pizza (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Eggs Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
13	14	15	16	17
Vegetable Frittata (Age Group: Ages 6-18) Orange, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Apple, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Clementine, 1% milk/choc milk***	Ground Beef Hash Brown Stacker (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Breakfast Burrito: Egg & Turkey DELI Apple, 1% milk/choc milk***
20	21	22	23	24
Pancakes (Whole Wheat) w/ Maple Syrup Orange, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich, Apple, 1% milk/choc milk***	English Muffin w/ Turkey Sausage, & Cheese. Clementine, 1% milk/choc milk***	Vegetable Frittata (Age Group: Ages 6-18) Banana, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***
27	28	29	30	31
English Muffin w/ Turkey Sausage, & Cheese. Orange, 1% milk/choc milk***	Egg Patty, Ranchero Sauce, Whole Wheat Bread Apple, 1% milk/choc milk***	French Toast Sticks w/ Maple Syrup Clementine, 1% milk/choc milk***	Egg & Cheese Croissant Sandwich Banana, 1% milk/choc milk***	Breakfast Combo: Scrambled Eggs, Tater Tots, Sausage, Whole Wheat Bread Apple, 1% milk/choc milk

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COLD BREAKFAST



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	Cheerios Cereal, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
6	7	8	9	10
Blueberry Chex Cereal, Orange , 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese Apple , 1% milk/choc milk***	Cocoa Puffs Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin, Banana , 1% milk/choc milk***	Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
13	14	15	16	17
Cinnamon Toast Cereal, Orange , 1% milk/choc milk***	Chocolate Chip Muffin, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Cheerios Cereal, Banana , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***
20	21	22	23	24
Cocoa Puffs Cereal, Orange , 1% milk/choc milk***	Blueberry Chex Cereal, Apple , 1% milk/choc milk***	Whole Wheat Bagel w/ Cream Cheese, Clementine , 1% milk/choc milk***	Cheerios Cereal, Banana , 1% milk/choc milk***	Cinnamon Toast Cereal, Apple , 1% milk/choc milk***
27	28	29	30	31
Whole Wheat Bagel w/ Cream Cheese, Orange , 1% milk/choc milk***	Cocoa Puffs Cereal, Apple , 1% milk/choc milk***	Blueberry Chex Cereal, Clementine , 1% milk/choc milk***	Blueberry Muffin (Whole Wheat) Banana , 1% milk/choc milk***	Cheerios Cereal, Apple , 1% milk/choc milk***

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HOT LUNCH



OCTOBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29	SEPT 30	OCT 1	OCT 2	OCT 3
"Pollo Guisado", WW Dinner Rolls, Mashed Potato, Roasted Carrots, Apple & 2nd Fruit 1% milk/choc milk	Burger Day!!! Beef Patty, American Cheese, W.W. Bun, Mix Veggie (Ketchup) Clementine & 2nd Fruit 1% milk/choc milk	Peruvian Chicken w/ Enriched White Rice & Quinoa w/ Carrot, Corn. Orange & 2nd Fruit 1% milk/choc milk	Turkey Chili Beans Baked Potato, Corn bread, Green Beans Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
6	7	8	9	10
Chicken Nuggets, w/ Mashed Potatoes, WW Dinner Roll & Carrots (Ketchup) Apple & 2nd Fruit 1% milk/choc milk	Beef Meatballs, W.W. Penne Pasta w/ Marinara Sauce, & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	Brazilian Grilled Chicken, Brazilian Enriched White Rice, Pea, Corn, Carrots, Raisins, & Green Beans, Orange & 2nd Fruit 1% milk/choc milk	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
13	14	15	16	17
Breakfast For Lunch!!! Pancakes, Tater Tots, Sausage & Carrots (Maple Syrup/Ranch) Apple & 2nd Fruit 1% milk/choc milk	Barbacoa Beef Taco, Cilantro Lime Brown Rice, Corn, Clementine & 2nd Fruit 1% milk/choc milk	BBQ Grilled Chicken, Mashed Sweet Potato & Corn, W.W. Dinner Roll, Orange & 2nd Fruit 1% milk/choc milk	Mac & Cheese, Broccoli Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit 1% milk/choc milk
20	21	22	23	24
Hot Dog Day!!!! Beef Sausage, W.W. Sub, Potato Tots, & Roasted Carrots, (Ketchup) Apple & 2nd Fruit , 1% milk/choc milk	Greek Roasted Chicken, Enriched W.W. Pasta & Broccoli, Clementine & 2nd Fruit 1% milk/choc milk	Turkey Deli Quesadilla, W.W. Tortilla, & Corn, Orange & 2nd Fruit 1% milk/choc milk	Dominican Chicken, Enriched Seasoning Rice, & Green Beans, Apple & 2nd Fruit 1% milk/choc milk	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk
27	28	29	30	31
Turkey Picallido, Morro Rice, Corn & Plantains Apple & 2nd Fruit 1% milk/choc milk***	Beef Bolognese Pasta, & Broccoli Clementine & 2nd Fruit , 1% milk/choc milk***	Southwest Bowl Mexican Fajita Chicken, Enriched White Rice, Black Beans & Corn Salsa (Sour Cream) Orange & 2nd Fruit 1% milk/choc milk***	Chicken Tetrzzini Enriched Pasta, Broccoli Apple & 2nd Fruit , 1% milk/choc milk***	Pizza day!!! & Mixed Veggies, Banana & 2nd Fruit , 1% milk/choc milk***

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Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 29 Lunch Box Salad 1: Turkey & Cheese Cubes, WW Dinner Roll, Celery, Cherry Tomatoes, Cucumber & Ranch Dressing, Apple & 2nd Fruit , 1% milk/choc milk	SEPT 30 BBQ Chicken, Quinoa w/ Sweet Potato, Red Pepper, Spinach Salad & W.W. Dinner Roll, Clementine & 2nd Fruit 1% milk/choc milk	OCT 1 Chicken Sandwich, W.W. Bread, Cabbage, Carrots, Pineapple w/ Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk	OCT 2 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, W.W. Dinner Roll, & 1000 Island Dressing Apple & 2nd Fruit , 1% milk/choc milk	OCT 3 Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing, Banana & 2nd Fruit 1 % milk/choc milk
6 Farm Salad: Boiled Eggs, Lettuce, Tomato, Carrots, W.W. Dinner Roll, & Italian Dressing, Apple & 2nd Fruit 1% milk/choc milk***	7 DELI Turkey Sandwich, W.W. Bread, American Cheese, Garden Salad, Ranch Dressing, Contains: Mayo Clementine & 2nd Fruit , 1% milk/choc milk***.	8 Asian Chicken Salad Lettuce, Mandarin, Tomato, Parmesan Cheese, W.W. Dinner Roll, Asian dressing Orange & 2nd Fruit 1% milk/choc milk***	9 Chicken Salad Sandwich, W.W. Bread, Garden Salad, Italian Dressing, Contains: Mayo Apple & 2nd Fruit 1% milk/choc milk***	10 Lunch Box Salad 2: WW Dinner Roll, Cheese, Turkey, Carrot, Cucumber, Pineapple Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
13 Turkey Cuban Sandwich, W.W. Bread, Swiss Cheese, Pickles, Baby Carrots & Pineapple, (Mayo) Apple & 2nd Fruit 1% milk/choc milk***	14 Fiesta Salad: Boiled Eggs, Black Beans, Tomato, Carrots, Bell Peppers, Lettuce, W.W. Dinner Roll, & 1000 Island Dressing. Clementine & 2nd Fruit , 1% milk/choc milk***.	15 Jerk Chicken Sandwich, W.W. Bun, Cabbage Slaw, Ranch Dressing, Orange & 2nd Fruit 1% milk/choc milk***	16 Taco Salad: Black Beans, Chickpea, Corn, Cherry Tomato, Lettuce, Cheese, W.W. Tortilla Chip, & 1000 Island Dressing. Apple & 2nd Fruit 1% milk/choc milk***	17 Chicken Chipotle Wrap: Chicken, Lettuce, Baby Carrots, W.W. Tortilla, & Ranch Dressing Banana & 2nd Fruit 1% milk/choc milk***
20 Cobb Salad, Lettuce, Black Beans, Cucumber, Corn, W.W. Dinner Roll, Italian Dressing Apple & 2nd Fruit 1% milk/choc milk***	21 Grilled Chicken Salad, Apple, Broccoli Slaw, Carrots, Lettuce, Pumpkin Seed, W.W. Dinner Roll & French Dressing, Clementine & 2nd Fruit 1% milk/choc milk***	22 Sunflower Butter & Jelly Sandwich, W.W. Bread, Chickpea Salad, Ranch Dressing Orange & 2nd Fruit 1% milk/choc milk***	23 Chicken Caesar Salad: Grilled Chicken, Lettuce, Cherry Tomatoes, W.W. Dinner Roll, & Caesar Dressing, Apple & 2nd Fruit , 1% milk/choc milk***	24 Sweet & Sour Turkey Deli Wrap On a Whole Wheat Tortilla, & Cabbage Slaw Banana & 2nd Fruit 1% milk/choc milk***
27 DELI Turkey Sandwich, W.W. Bread, American Cheese, Baby Carrots, Ranch Dressing, Apple & 2nd Fruit 1% milk/choc milk***	28 Smoke-Grilled BBQ Chicken Sandwich, W.W. Bun, Baby Carrots, Grapes, Ranch Dressing Clementine & 2nd Fruit 1% milk/choc milk***	29 Farm Salad: Boiled Eggs, Lettuce, Tomato, Celery, Carrots, W.W. Dinner Roll, Italian Dressing, Orange & 2nd Fruit 1% milk/choc milk***	30 Chicken Chipotle Wrap: Chicken, Lettuce, W.W. Tortilla, Baby Carrot, & Ranch Dressing Apple & 2nd Fruit 1% milk/choc milk***	31 Avocado Toast Sandwich w/ Turkey, & Garden Salad. Banana & 2nd Fruit 1% milk/choc milk***

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